

Move to the Music

Choreographer: Adam Astmar, Sweden &
Malene Jakobsen, Denmark
May 2021

adam.astmar@gmail.com
[lovelinedance@live.dk](https://www.facebook.com/lovelinedance@live.dk)



Type of dance:	32 counts, 4 wall
Level:	Improver
Choreographed to:	Move to the Music by Busy Signal feat. Oryane, available on iTunes, 120 BPM
Intro:	16 counts from the very beginning 8 sec. into track - dance begins with weight on R
Tag:	On wall 7 after 16 counts (you'll be facing 12.00) there's a 32 count tag
Note:	Arm movements are optional

Counts	Footwork	Facing
1-8	V step, shuffle diagonally L, shuffle diagonally R	
1-2	(1) Step diagonally out on L and push both arms up to L, (2) step diagonally out on R and push both arms up to R	12.00
3-4	(4) Step in on L and push arms down to L, (4) step R next to L and push arms down to R	12.00
5&6	(5) Step diagonally fwd. on L, (&) step R next to L, (6) step diagonally fwd. on L – roll hands while doing the shuffle	12.00
7&8	(7) Step diagonally fwd. on R, (&) step L next to R, (8) step diagonally fwd. on R – roll hands while doing the shuffle	12.00
9-16	Cross, back, chasse, fwd. rock, shuffle 1/2	
1-2	(1) Cross L over R, (2) step back on R	12.00
3&4	(3) Step L to L, (&) step R next to L, (4) step L to L	12.00
5-6	(5) Rock fwd. on R, (6) recover onto L	12.00
7&8	(7) Turn 1/2 R stepping fwd. on R, (&) step L next to R, (8) Step fwd. on R	6.00
NOTE:	On wall 7 (starts facing 6.00), this is where the tag happens – you'll be facing 12.00	
17-24	Hips bumps, behind, side cross, hip bumps, behind, 1/4, step	
1-2	(1) Point L to L and bump L hip, (2) bump L hip	6.00
3&4	(3) Cross L behind R, (&) step R to R, (4) cross L over R	6.00
5-6	(5) Point R to R and bump R hip, (6) bump R hip	6.00
7&8	(7) Cross R behind R, (&) turn 1/4 L stepping fwd. on L (8) step fwd. on R	3.00
25-32	Jump fwd., jump back, shuffle fwd., jump, touch, back, coaster step	
&1	(&1) Jump fwd. L, R	3.00
&2	(&2) Jump back, L, R	3.00
3&4	(3) Step fwd. on L, (&) step R next to L, (4) step fwd. on L	3.00
&5-6	(&) Jump fwd. on R, (5) touch L toes behind R, (6) step back on L	3.00
7&8	(7) Step back on R, (&) step L next to R, (8) step fwd. on R	3.00
TAG:	Footwork	Facing
1-8	Vine L, touch, vine R, close	12.00
1-2-3-4	(1) Step L to L, (2) cross R behind L, (3) step L to L, (4) touch R next to L	12.00
5-6-7-8	(5) Step R to R, (6) cross R behind L, (7) step R to R, (8) step L next to R (feet slightly apart)	
9-16	Twist L, twist R	
1-2-3-4	(1) Twist both heels L, (2) twist both toes L, (3) twist both heels L, (4) twist both toes L	12.00
5-6-7-8	(15) Twist both toes R, (6) twist both heels R, (7) twist both toes R, (8) twist both heels R (weight has to be on R after the last twist)	12.00
17-24	Vine L, touch, vine R, touch	
1-2-3-4	(1) Step L to L, (2) cross R behind L, (3) step L to L, (4) touch R next to L	12.00
5-6-7-8	(5) Step R to R, (6) cross R behind L, (7) step R to R, (8) touch L next to R	12.00
25-32	Side, cross, side, touch, side, together, side, touch	
1-2-3-4	(1) Step L to L, (2) cross R over L, (3) step L to L, (4) touch R next to L	12.00
5-6-7-8	(5) Step R to R, (6) step L next to R, (7) step R to R, (8) touch L next to R	12.00

