

# Food & Gas

**Count:** 32

**Wall:** 4

**Level:** Newcomer

**Choreographer:** Wendy Veenstra (NL) October 2017

**Music:** 'Food and Gas' by Robby Longo

**Intro: 16 counts (start just before the singing starts)**

**[1-8]: Chasse right, ¼ turn chasse left, ¼ turn chasse right, ½ turn chasse left**

1&2 Step R to side, Close L next to R, Step R to side  
3&4 Step L ¼ turn to left, close R next to L, step R to side (face 09:00)  
5&6 Step R ¼ turn to right, close L next to R, step L to side (face 06:00)  
7&8 Step L ½ turn to left, close R next to L, step R to side (face 12:00)

**[9-16]: Shuffle forward, shuffle forward, ½ pivot turn left, kick ball change**

1&2 Step R fwd, close L next to R, step R fwd  
3&4 Step L fwd, close R next to L, step L fwd  
5-6 Step R fwd, ½ turn Left end weight on L (face 06:00)  
7&8 Kick R diagonal to right, step R, behind L, step L fwd

**[17-24]: Right side rock and recover, right behind, left to left side, right cross over, left side rock & recover;**

1-2 Rock step R to right side, recover weight on L  
3&4 Cross step R behind L, step L to left side, cross step R over L  
5-6 Rock step L to left side, recover weight on R  
7&8 Step L behind R, step R slightly to the right, step L fwd

**[25-32]: Step Turn, ½ triple turn left, ½ turn left, ½ turn left, sailerturn and cross**

1-2 Step R fwd, ½ turn left weight on L  
3&4 Step R ¼ turn to left, close L next to R, step R back  
5-6 ½ turn left step L fwd  
7&8 ½ turn left (step R bwd, cross L behind R, ¼ turn left, cross R over L (face 15:00)

**Start again and enjoy :)**