Hold Those Strings

Count: 32   **Wall:** 4   **Level:** Easy Intermediate

Choreographer: Heather Barton & Nathan Gardiner (Scotland) July 2018

Music: Kite by Lucie Silvas (Album: E.G.O)

Intro: 16 counts

Music available on iTunes

Walk Forward R & L, Mambo Step, Behind Side Cross, 1/8 L, Together, Heel Lift

1-2	Step forward on R, Step forward on L
3&4	Rock forward on R, Recover on L, Step back on R sweeping L from front to back
5&6	Step L behind R, Step R to R side, Cross L over R
&7&8	1/8 L stepping R to R side, Step L next to R, Lift both heels up, Drop both heels down

Cross, 1/8 R, 1/8 R, Behind, 3/8 R, Step Forward, Rock Forward, Recover, Side Rock, Recover, Behind, ¼ L, Step Forward

1&2	Cross R over L, 1/8 R stepping L to L side, 1/8 R stepping back on R
3&4	Step L behind R, 3/8 R stepping forward on R, Step forward on L
5&6&	Rock forward on R, Recover on L, Rock out to R side, Recover on L
7&8	Step R behind L, ¼ L stepping forward on L, Step forward on R

Cross & Heel, & Touch, & Heel, Ball Cross, Side L, Sailor ½ R Touch

1&2	Cross L over R, Step R slightly to R side, Dig L heel to L diagonal
&3&4	Step L next to R, Touch R next L, Step R slightly to R side, Dig L heel to L diagonal
&5-6	Step L next to R, Cross R over L, Step L to L side
7&8	Step R behind L, ½ R stepping L next to R, Touch R forward

Knee Twist In Out, Kick, Coaster Step, Pivot ½ L, Pivot ½ R, Triple Full Turn R

1&2	Twist R knee in bumping R hip up, Twist R knee out bumping R hip back to centre, Kick R forward
3&4	Step back on R, Step L next to R, Step forward on R
5-6	Pivot ½ L, Pivot ½ R
7&8	½ R stepping back on L, ½ R stepping forward on R, Step forward on L

Restart: On wall 3 dance up to count 16 change the step forward to a touch

Tag: End of wall 6
Kick Back Touch, Bump Hips L, R, L

1&2	Kick R forward, Step slightly back on R, Touch L forward
3&4	Bump L hip forward, Bump hip back, Bump hip forward (weight ends on L)

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