## Noise

7 - 8

**Count:** 112

Wall: 1

Choreographer: Shane McKeever (N.IRE) & Fred Whitehouse (IRE) - August 2020

Music: Noise! - Chris Mann: (iTunes) Intro: 16 counts (app. 13 secs into track). Start with weight on R foot Sequence: ABC, ABC, BCCB + Ending A Part: You only do A twice and it always starts facing 12:00 [1 – 8] Side step L, R knee pop, recover, R knee pop, ¼ R fwd, ¼ R step slide, Hold, flick L 1 - 2Step L out to L side (1), pop R knee in towards L (2) 12:00 3 - 4Recover back on R foot (3), pop R knee in towards L (4) 12:00 Turn ¼ R stepping R fwd (5), turn ¼ R stepping L a big step L sliding R towards L (6) 6:00 5 - 67 - 8Hold (7), step R next to L flicking L out to L side at the same time (8) 6:00 [9 - 17] Cross & down, click & up, down, click & up, out RL, hip roll, twist heels RL 1/8 R 1 - 2Cross L over R bending in knees (1), straighten knees clicking fingers out to both sides (2) 6:00 3 - 4Bend in knees bringing hands in (3), straighten knees clicking fingers out to both sides (4) 6:00 Step R to R side (5), step L to L side starting to roll hips left (6), roll hips back (7) 6:00 5-6-7 8 - 1Roll hips R twisting heels R (8), twist both heels to L side turning 1/8 R (1) – weight L 7:30 [18 – 25] Kick R, step back R, kick L, step back L, back R sweep 1/4 L, back L, point R & bend 2 – 3 Kick R fwd (2), step back on R (3) 7:30 4 - 5Kick L fwd (4), step back on L (5) 7:30 6 - 7Step back on R turning 1/4 L sweeping L to L side (6), sweep L backwards (7) 4:30 8 - 1Step back on L (8), point R backwards bending in both knees (1) 4:30 [26 - 32] Up + chest pop, down, up + chest pop, R fwd, ½ L with slow foot rise & kick, down L 2 - 3Straighten L leg popping chest fwd (2), bend knees again (3) 4:30 4 – 5 Straighten L leg popping chest fwd (4), step R fwd (5) 4:30 6 - 7Go up on ball of R starting to turn ½ L kicking L fwd (6), finish ½ turn L (7) 10:30 Drop down on L (8) 10:30 8 [33 – 40] Point R fwd & side, behind with 1/8 R, point L, cross in front, Hold, out out ball fwd 1 - 2Point R fwd (1), point R to R side (2) 10:30 3 - 4Cross R behind L squaring up to 12:00 (3), point L to L side (4) 12:00 5 - 6Cross L over R (5), Hold (6) 12:00 &7&8 Step R to R side (&), step L to L side (7), step R in towards L (&), place L fwd (8) 12:00 [41 – 48] Knee pops X 2, back L, touch R fwd, back R, touch L fwd, L sailor 1/8 L with prep &1&2 Pop knees fwd (&), push knees back again (1), pop knees fwd (&), push knees back again (2) – weight on R 12:00 3 - 4Step back on L (3), touch R fwd (4) 12:00 5 - 6Step back on R (5), touch L fwd (6) 12:00 7&8 Cross L behind R (7), turn 1/8 L stepping R a small step to R side (&), step L fwd prepping body to L side (8) 10:30 [49 – 56] Full turn R over 2 counts, R fwd, 1/8 R point, snake roll L over 2 counts, walk RL fwd 1 - 2Spin a full turn on L sweeping R around (1-2) 10:30 3 - 4Step R fwd (3), turn 1/8 R on R pointing L to L side (4) 12:00 5 - 6Start snake roll from R to L (5), finish snake roll transferring weight to L (6) 12:00 7 - 8Walk R fwd (7), walk L fwd (8) 12:00 [57 - 64] Fwd R, touch L, back L, touch R (all with shimmies), side R STOP, Hold, drag L tog 1 - 2Step R fwd (1), touch L behind R (2) ... Styling: shimmy shoulders over both counts 12:00 3 - 4Step L back (3), touch R next to L (4) ... Styling: shimmy shoulders over both counts 12:00 5 - 6Step R out to R side making a stop sign with R hand fwd (5), Hold (6) 12:00

Start dragging L next to R and pulling R arm in (7), touch L next to R prepping body R (8) 12:00

Level: Advanced

| B Part: You do B 4 times and it always starts facing 12:00                                      |   |
|---|---|
| [1 – 8] L twd, st<br>1  | tep turn step, step turn, rock L fwd, rock L to L side, behind side cross sweep  Step L fwd (1) 12:00   |
| 2&3   | Step R fwd (2), turn ½ L stepping onto L (&), step R fwd (3) 6:00   |
| 4&  | Step L fwd (4), turn ½ R stepping onto R (&) 12:00  |
| 5&6&<br>7&8   | Cross rock L over R (5), recover on R (&), rock L to L side (6), recover on R (&) 12:00 Cross L behind R (7), step R to R side (&), cross L over R sweeping R fwd (8) 12:00 |
| [9 – 16] Step R fwd, step turn step, step turn, rock R fwd, rock R to R side, behind side cross |   |
| 1   | Step R fwd (1) 12:00  |
| 2&3   | Step L fwd (2), turn ½ R stepping onto R (&), step L fwd (3) 6:00   |
| 4&<br>5&6&  | Step R fwd (4), turn ½ L stepping onto L (&) 12:00<br>Cross rock R over L (5), recover on L (&), rock R to R side (6), recover on L (&) 12:00                               |
| 7&8   | Cross R behind L (7), step L to L side (&), cross R over L (8) 12:00  |
| 700   | Note: counts 9-16 are counts 1-8 repeated but with your R foot  |
| C Part: You do C 4 times and it always starts facing 12:00                                      |   |
| [1 – 8] Step tou<br>½ R   | ches L&R with arm pushes, L fwd & arms to ears, arms fwd & bend knees, roll arms & turn   |
| 1 – 2   | Step L to L side leaning body L pushing R hand down along R side of body (1), touch R into floor (2) 12:00  |
| 3 – 4   | Step R to R side leaning body R pushing L hand down along L side of body (3), touch L into floor (4) 12:00  |
| 5 – 6   | Step L fwd bringing both hands up to your ears (5), bend knees and straighten arms fwd (6) 12:00  |
| 7 – 8   | Roll your arms backwards starting to turn ½ R (7), finish ½ turn changing weight to R (8) 6:00  |
| [9 – 16] Step slide L fwd, step RL out & hands to mouth,  |   |
| 1 – 2   | Step L a big step fwd dropping arms down again (1), drag R next to L (2) 6:00   |
| 3 – 4   | Step R out to R side bringing R hand up to R side of your head with palm open fwd (3), step L out   |
| г о   | to L side bringing L hand up to L side of your head with palm open fwd (4) 6:00   |
| 5 – 6   | Turn 1/8 L bouncing body backwards and reach arms fwd (5), turn 1/8 R bouncing body backwards and keep arms fwd (6) 6:00  |
| 7 – 8   | Turn 1/8 R bouncing body backwards and keep arms fwd (7), pull arms into body with hands  |
| . •   | fisted and transferring weight to R foot (8)Technically your body is facing 7:30 but your wall is 6:00 6:00   |

## [17 - 32] Repeat counts 1 - 16 12:00

Ending When finishing your last B there is one extra beat after the behind side cross: then bring both hands up to your mouth to stop making noise 2 12:00