

Osiris

Count: 32

Wall: 2

Level: Beginner / Improver

Choreographer: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 19 September 2022

Music: Osiris - The Sidh

Start: 16 s. approximately, 32 counts

Sequence: A-A-A-4-TAG-A-A-A-A-A-A-A-A

[1-8] $\frac{3}{4}$ R Triple Step, Heel, Together, Touch

1&2 Circle R Triple-Step R $\frac{1}{4}$ R
3&4 Circle L Triple-Step L $\frac{1}{4}$ R (Tag)
5&6 Circle R Triple Step R $\frac{1}{4}$ R
7&8 Touch L Heel FW, LF next to RF, Point RF Back to LF

[9-16] Rocking-Chair, Rock step, Coaster-Step

1-2 RF FW, Recover to LF (option arm)
3-4 RF Back, Recover to LF (option arm)
5-6 RF FW, Recover to LF
7&8 RF Back, LF next to RF, RF FW

[17-24] Heel, Touch, Triple-Step, Sweep, Stomp, Stomp, Stomp* (*Option)

1-2 Touch L Heel FW, Point LF over RF
3&4 L Triple-Step FW (LF FW, RF next to LF, LF FW)
5-6 R Sweep from front to the back
7&8 Stomp RF next to LF, Stomp LF next to RF, Stomp RF next to LF (*Option Sailor-Step)

[25-32] Weave, Rock-Step, Chassé $\frac{1}{4}$ L

1-2 Cross LF over RF, RF to the R Side
3-4 Cross LF behind RF, RF to the R Side
5-6 Cross LF over RF, recover to LF
7&8 Chassé $\frac{1}{4}$ L (LF to the L Side, RF next to LF, Make $\frac{1}{4}$ L with LF FW) (option arm)

Tag: 4 counts

[1-4] V Step- Run on place

1&2& RF FW on R diagonal, LF FW on L diagonal, RF Back, LF next to RF
3&4& RF next to LF, LF next to RF, RF next to LF, LF next to RF

For the arms, watch the video

Smile & enjoy the dance

Contact: maellynedance@gmail.com