

One Hell Of A Ball

Count: 32

Wall: 4

Level: Beginner

Choreographer: Ivonne Verhagen (NL) - December 2014

Music: One Hell of a Ball - Simon Burridge

Dance starts on vocals

KICK FORWARD, KICK SIDE, TRIPLE STEP, KICK FORWARD, KICK SIDE, TRIPLE STEP

1,2 RF kick forward, RF kick side,
3&4 RF step in place, LF step in place, RF step in place
5,6 LF kick forward, LF kick side,
7&8 LF step in place, RF step in place, LF step in place

KICK BALL CHANGE, KICK BALL CHANGE, ROCK STEP, STEP IN PLACE, STEP IN PLACE

1&2 RF kick forward, RF step RF in place, LF step in place
3&4 RF kick forward, RF step RF in place, LF step in place
5-6 RF rock forward, LF weight back on LF
7-8 RF step in place, LF step in place

SIDE ROCK STEP, TRIPLE IN PLACE, SIDE ROCK STEP, TRIPLE IN PLACE

1-2 RF rock side, weight back on LF
3&4 RF step in place, LF step in place, RF step in place
5-6 LF rock side, weight back on RF
7&8 LF step in place, RF step in place, LF step in place

PADDLE 1/8, PADDLE 1/8, JAZZ BOX

1-2 RF step forward, 1/8 turn left
3-4 RF step forward, 1/8 turn left
5-6 RF cross over LF, LF step back
7-8 RF step side, LF step close to RF

Have fun!!

Contact:-

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