



QUITS

(05.02.2025)



Choreographers : Marianne Langagne (Fr) & Delphine Sablon (Fr)

Walls : 4 Walls

Counts : 32 Counts – 3 Restarts (3rd , 7th & 8th)

Level : Improver

Music : **Quits – Tim HICKS (100 BPM) - Wcs**

Intro : 16 Counts (Start on the Lyrics)

Sequences : 32 – 32 - 24 **R** – 32 – 32 – 32 – 8 **R** – 18**R** - 32 – 32 - Final

S 1 WALK R - L, & CROSS ¼ TURN R, POINT L TO L, POINT FWD, SWAY TO L, RECOVER, BEHIND SIDE CROSS

1 – 2 RF Fwd, LF Fwd

3-4 ¼ **Turn R** – Cross RF over LF, L Point to the L, L Point Fwd (3:00)

5 – 6 LF to the L with Sway to the L, Recover on RF

7 & 8 Cross LF Behind RF, RF to the R, Cross LF Over RF **HERE 2nd RESTART (3:00)**

S 2 WALK R - L, ANCHOR STEP, BACK, BACK , COASTER STEP

1 – 2 RF Fwd, LF Fwd

3 & 4 RF Behind LF, Recover on LF, Recover on RF slightly Back

5 – 6 LF Back, RF Back

7 & 8 LF Back, Together, LF Fwd

S 3 STEP ½ TURN L, FULL TURN, KICK BALL STEP, HEEL SWITCHES &

1-2 RF Fwd, ½ Turn L (weight on LF) (9:00) **HERE 3rd RESTART (12:00)**

3 – 4 ½ **Turn L** – RF Back, ½ **Turn L** – LF Fwd

5 & 6 Kick RF, Ball R next to LF, LF Fwd

7 & 8 R Heel Fwd, Together, L Heel Fwd

& Together (Weight on LF) **HERE 1st RESTART (3:00)**

S 4 STEP ¼ TURN L , BEHIND SIDE CROSS, SIDE ROCK , SAILOR ¼ TURN L

1 – 2 RF Fwd, ¼ Turn L (Weight on LF) (6:00)

3 & 4 Cross RF Behind LF, LF to the L, Cross RF Over LF

5 – 6 LF to the L, Recover on RF

7 & 8 Cross LF Behind RF, ¼ **Turn L** – Plant RF to the R, LF Slightly Fwd (3:00)

Final: dance the first 4 Counts replacing the ¼ Turn with a 1/2 turn to R

Dance & Have fun !!!!