

Tik Tok Banana

Choreographer: Joran van der Noll

Level: Phrased Improver

Music: Banana (feat. Shaggy) (DJ Fle – Minisiren Remix) Conkarah 3.20

A B sequence: A32 – A32 – A12 – B16 – B16 – B16 – B16 – B4 – A32 – A32 – A12 – B16 – B16 – B16 – B16 – B4

Part A: 32 counts

Step and bounce R-L, step touch back, side and cross

& Rf step diagonal right
1 Lf step next to Rf, knees slightly bend
& stretch legs
2 bend knees
& Lf step diagonal left
3 Rf step next to Lf, knees slightly bend
& stretch legs
4 bend knees
& Rf step back in right diagonal
5 Lf touch next to Rf
& Lf step back in left diagonal
6 Rf touch next to Lf
7 Rf step right
& Lf step next to Rf
8 Rf cross over Lf

Side rock and cross L-R, leg lift 5x, flick R

9 Lf side rock left
& Rf weight Rf
10 Lf cross over Rf
11 Rf side rock right
& Lf weight Rf
12 Rf cross over Lf
13 Lf lift L
14 Lf step together
Rf lift R
15 Rf step together
Lf lift L
& Lf step together
Rf lift R
16 Rf step together
Lf lift L

& Lf step together
Rf flick, turn 1/8 left (10:30)

½ turn L, shuffle ½ turn L, step touch back, sailor cross with ½ turn left

17 Rf step forward
18 Lf ½ turn left, step forward (4:30)
19 Rf ¼ turn left, step right (1:30)
& Lf cross over Rf
20 Rf ¼ turn left, step back (facing 10:30)
& Lf step back
21 Rf touch forward
& Rf step back
22 Lf touch forward, start sweep
& Lf 3/8 turn left (6:00)
23 Lf cross behind Rf
& Rf step right
24 Lf cross over Rf

Paddle turn back R 4x, sailor step, sailor cross

25 Rf touch right, straight leg
26 Lf ¼ turn right (9:00)
Rf touch right, straight leg
27 Lf ¼ turn right (10:30)
Rf touch right, straight leg
28 Lf ⅜ turn right (12:00)
Rf touch right, straight leg
29 Lf cross behind Rf
& Rf step right
30 LF step left
31 Rf cross behind LF
& Lf step right
32 Rf cross over Lf

Part B on next page

Part B: 16 counts

Out-out arm circle and head , out-out wih arm movements

- | | | |
|---|----|---|
| 1 | Lf | step left |
| | R | elbow right |
| 2 | Rf | step right |
| | L | elbow left |
| 3 | | start arm circle to, left-up
end arm cirle, right-down |
| 4 | | look up and down |
| 5 | Rf | step out right
reach left arm forward and hold
bump quickly right fist on you chest |
| 6 | Lf | step out left
reach left arm forward and hold
bump quickly right fist on you chest |
| 7 | Rf | step out right
reach left arm forward and hold
bump quickly right fist on you chest |
| 8 | Lf | step out left
reach left arm forward and hold
bump quickly right fist on you chest |

Out-Out with arm movements, Paddle turn R 4x and arm swings

- | | | |
|----|----|---|
| 9 | Rf | step out right
reach left arm forward and hold
bump quickly right fist on you chest |
| 10 | Lf | step out left
reach left arm forward and hold
bump quickly right fist on you chest |
| 11 | Rf | step out right
reach left arm forward and hold
bump quickly right fist on you chest |
| 12 | Lf | step out left
reach left arm forward and hold
bump quickly right fist on you chest |
| & | Lf | ¼ turn left |
| 13 | Rf | touch right, straight leg
swing underarms to right |
| & | Lf | ¼ turn left, swing underarms to left |
| 14 | Rf | touch right, straight leg
swing underarms to right |
| & | Lf | ¼ turn left, swing underarms to left |
| 15 | Rf | touch right, straight leg
swing underarms to right |
| & | Lf | ¼ turn left, swing underarms to left |
| 16 | Rf | step right
swing underarms to right |

Enjoy my dance!!!

info@studiot2ld.com

www.studiot2ld.com