

Dance to my HEARTBEAT

COUNT: 32 WALL: 4 LEVEL: Beginner

CHOREOGRAPHER: Val Saari (Feb. 2023)

MUSIC: Dance To My Heartbeat, Chaël, Mougleta

Intro: 32 counts

Begin on the word "lights"

TOE-STRUTS FORWARD RLRL

1-2 Touch RF toes forward, Drop heel

3-4 Touch LF toes forward, Drop heel

5-6 Touch RF toes forward, Drop heel

7-8 Touch LF toes forward, Drop heel

POINT CROSSES BACK RL, MONTEREY 1/4 TURN R, POINT L,

1-2 RF point to right side, RF step back behind L

3-4 LF point to left side, LF step back behind R

5-6 Point RF toes to right side, 1/4 turn right step RF together (3:00)

7-8 Point LF to L side, Step LF beside R

RF ROCK/RECOVER, RF TOE-STRUT 1/2 R, LF TOE-STRUT 1/2 R, RF ROCK
BACK/RECOVER

1-2 Rock RF forward, Recover LF

3-4 RF toe-strut 1/2 turn R (9:00)

5-6 LF toe-strut 1/2 turn R (3:00)

7-8 RF Rock back, LF Recover

RF MODIFIED SCISSORS CROSS, LINDY LEFT

1-2 RF Large Step R, Drag LF together

3-4 Touch RF toes across L, Step RF heel down

5&6 Shuffle left, LRL

7-8 Rock back on RF, Recover on LF

No tags, no restarts