

# My Ritual

Choreographer: Niels Poulsen (Denmark)

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Type of dance: 32 counts, 4 walls, funky beginner dance  
 Music: **Ritual** by Tiësto, Jonas Blue & Rita Ora. Track length: 3:19. Buy on iTunes, etc.  
 Intro: 16 count counts (8 secs. into track). Start with weight on L foot  
 OBS!!! NO TAGS – NO RESTARTS!!!

Counts	Footwork	End facing
<b>1 – 8</b>	<b>Fwd R, touch, fwd L, touch, back R, touch, back L, touch</b>	
1 – 2	Step R to R diagonal (1), touch L next to R (2)	12:00
3 – 4	Step L to L diagonal (3), touch R next to L (4)	12:00
5 – 6	Step R back to R diagonal (5), touch L next to R (6)	12:00
7 – 8	Step L back to L diagonal (7), touch R next to L (8)	12:00
<b>9 – 16</b>	<b>Step R fwd, point L, step L fwd, point R, R jazz box ¼ R, step L fwd</b>	
1 – 2	Step fwd on R (1), point L to L side (2)	12:00
3 – 4	Step fwd on L (3), point R to R side (4)	12:00
5 – 8	Cross R over L (5), turn 1/8 R stepping L back (6), turn 1/8 R stepping R to R side (7), step L fwd (8)	3:00
<b>17 – 24</b>	<b>R moon walk, L moon walk, step ½ L, R kick ball step</b>	
1 – 2	Touch R toes next to L (1), step flat down on R foot sliding L foot backwards (2) ... (or do a R toe strut)	3:00
3 – 4	Touch L toes next to R (3), step flat down on L foot sliding R foot backwards (4) ... (or do a L toe strut)	3:00
5 – 6	Step R fwd (5), turn ½ L onto L foot (6)	9:00
7&8	Kick R fwd (7), step R next to L (&), step L a big step fwd (8)	9:00
<b>25 – 32</b>	<b>Step R fwd, L together, R pony step back, L pony step back, R back rock</b>	
1 – 2	Step R a big step fwd (1), step L next to R (2)	9:00
3&4	Step back on R popping L knee forward (3), recover fwd on L (&), recover back on R popping L knee forward again (4)	9:00
5&6	Step back on L popping R knee forwards (5), recover fwd on R (&), recover back on L popping R knee forward again (6)	9:00
7 – 8	Rock back on R (7), recover fwd onto L (8)	9:00
	<b>Start again</b>	
<b>Ending</b>	Finish wall 11, now facing 3:00. Do the following: Step R fwd (1), turn ¼ L stepping L fwd (2), step R to R side leaning into R hip with a funky pose... 😊 (3)	12:00