

Change (Always Running Away)

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Roz Chaplin (UK) & Ann-Kristin Sandberg (Norway) July 2013

Music: Change – Emmelie De Forest. CD: Only Teardrops (119 bpm)

34 Count Intro: Starts on Vocals (Strolling down empty streets)

SIDE, BEHIND, RIGHT CHASSE, DIAGONAL ROCKING CHAIR

- 1-2 Step right to right side, cross left behind right
- 3&4 Step right to right side, close left beside right, step right to right side
- 5-8 Cross rock left over right, recover onto right, rock back on left diagonal, recover onto right

SIDE, BEHIND, LEFT CHASSE ¼ TURN, STEP, ¼ TURN, STEP, ¼ TURN

- 1-2 Step left to left side, cross right behind left
- 3&4 Step left to left side, step right beside left, ¼ turn left stepping forward on left (facing 09.00)
- 5-6 Step forward on right, ¼ turn left stepping left to left side (facing 06.00)
- 7-8 Step forward right, ¼ turn left stepping left to left side (facing 03.00)

CROSS, BACK, COASTER STEP, STEP LOCK, STEP, TOUCH

- 1-2 Cross right over left, step back on left
- 3&4 Step back on right, step left beside right, step right forward
- 5-8 Step forward on left, lock right behind left, step forward on left, touch right beside left

KICK FORWARD, SIDE, COASTER STEP, KICK FORWARD, SIDE, COASTER STEP

- 1-2 Kick right forward, kick right foot to right side
- 3&4 Step right foot back, step left beside right, step forward right
- 5-6 Kick left forward, kick left foot to left side
- 7&8 Step left foot back, step right beside left, step forward left

FORWARD ROCK, SHUFFLE ½ TURN, FORWARD ROCK, TRIPLE ¾ TURN

- 1-2 Rock forward on right, recover onto left
- 3&4 Shuffle ½ turn right stepping – right, left, right (9)
- 5-6 Rock forward on left, recover onto right
- 7&8 Triple ¾ turn left stepping – left, right, left (6)

FORW, TOUCH, FORW, TOUCH, BACK, BACK, COASTER STEP

- 1-2 Step forward right, touch left beside right
- 3-4 Step forward left, touch right beside left
- 5-6 Step back on right, step back on left
- 7&8 Step back on right, step left beside right, step forw on right

CROSS BACK, LEFT CHASSE, CROSS BACK CHASSE ¼ TURN

- 1-2 Cross left over right, step back on right
- 3&4 Step left to left side, close right beside left, step left to left side
- 5-6 Cross right over left, step back on left
- 7&8 Step right to right side, close left beside right, ¼ turn right stepping right forward (9)

TOE STRUTS x 2, JAZZBOX, TOUCH

- 1-2 Touch left toe forward, drop left heel (taking weight)
- 3-4 Touch right toe forward, drop right heel (taking weight)
- 5-6 Cross left over right, step back on right
- 7-8 Step left to left side, touch right beside left