

American Spirit

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Michael O'Shea (IRL) November 2017

Music: 'American Spirit' by Thomas Rhett

#16 count intro.

Fwd rock, side rock, behind, side, cross, sweep, fwd touch, back sweep, lock step back

1&2& rock right over left, replace weight to left, rock right to right side, replace weight to left
3&4& step right behind left, step left to left side, cross right over left, sweep left foot fwd
5&6& step onto left, tap right behind left heel, step back on right, sweep left foot back
7&8 step back onto left, lock step right across left, step back left

Sweep, step, sweep, step, coaster step, shuffle fwd left, 1/4 turn cross

&1&2 sweep back right, step onto right, sweep back left, step onto left
3&4 step back right, close left to right, step fwd right
5&6 shuffle fwd left, right, left
7&8 step fwd right, turn 1/4 turn left, cross right over left

Side close forward, shuffle 1/4, step 1/4, diagonal, sailor step

1&2 step left to left side, close right to left, step fwd left
3&4 turning 1/4 turn left shuffle back right, left, right
5-6 step left fwd 1/4 turn left, step right to right diagonal body angled to left diagonal
7&8 rock left behind right, step out right, step out left

****RESTART HERE on walls 4 & 7 Changing counts 7&8 to 1/2 turn sailor step**

Behind, side, cross, side, back rock, side, behind, side, forward, step, 1/2 turn touch, step

1&2& step right behind left, step left to left, step right over left, step left to left side
3&4 rock back right, replace weight to left, step right to right side
5&6 step left behind right, step right to right side, step fwd left
7&8 step fwd right, turn 1/2 turn left touching left beside right, step fwd left

Begin Again.

RESTART with Step Change

On wall 4 (3:00) 1/2 turn the sailor step & restart facing 12:00

& wall 7 (6:00) Again 1/2 turn the sailor step & restart facing 3:00

Ending: On the last wall, ¼ turn the sailor step back to 12:00 for a perfect finish.

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Released at Dance Crazy's Wild Atlantic Weekend Event.