

No Stoppin' Us

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Graham Mitchell (UK) - April 2016

Music: Ain't No Stoppin' Us Now - McFadden & Whitehead : (Album: 80's Groove)

Alternative music : Baby likes to Rocket by The Tractors

Section 1: (1-8) RIGHT TOUCH, LEFT TOUCH, GRAPEVINE RIGHT TOUCH

1-2 Step Right to Right side, Touch Left beside Right
3-4 Step Left to Left side, Touch Right beside Left
5-6 Step Right to right side, Step Left behind Right
7-8 Step Right to right side, Touch Left beside Right

Section 2: (1-8) GRAPEVINE ¼ LEFT BRUSH, STEP BRUSH, STEP BRUSH

1-2 Step Left to Left side, Step Right behind Left
3-4 Step Left to left side making ¼ turn left, Brush right beside left
5-6 Step forward Right, Brush left beside Right
7-8 Step forward Left, Brush Right beside Left

Section 3: (1-8) RIGHT ROCKING CHAIR, SIDE TOGETHER SIDE TOUCH

1-2 Rock forward Right, Recover Left
3-4 Rock back Left, Recover Right
5-6 Step Right to right side, Step left beside Right
7-8 Step Right to right side, Touch Left beside Right

Section 4: (1-8) SIDE TOGETHER SIDE TOUCH, RIGHT ROCKING CHAIR

1-2 Step Left to left side, Step Right beside left
3-4 Step left to Left side, Touch Right beside Left
5-6 Rock forward Right, recover Left
7-8 Rock back Right, recover Left

Contact: gm.edin@btinternet.com