

# Anderson Shake

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**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Julie Lockton (ES) & Sebastiaan Holtland (NL) - May 2022

**Music:** Think - Chris Anderson

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## No Tags, No Restarts

**Intro: 32 counts, start approx 16 sec.**

### **Part 1 [1-8] R Dorothy Step R, Dorothy Step L ¼ Turn L, Syncopated Rocks R, L.**

1,2& Long step R diagonally fwd (1), Step Lf behind Rf (2), Step Rf fwd (&).  
3,4& Make ¼ turn L (9.00) and long step Lf fwd (3), Step Rf behind Lf (4), Step Lf fwd (&).  
5,6& Rock Rf to R (5), Recover back onto Lf (6), Step Rf beside Lf (&).  
7,8 Rock Lf to L (7), Recover back onto Rf (8).

### **Part 2 [9-16] R Sailor Step L, Knee Pops R, L, Hip Bumps R, L, R.**

1&2 Step Lf behind Rf (1), Step Rf to R (&), Step Lf to L (2).  
3,4 Pop R knee fwd (3), Step Rf back in place and pop L knee fwd (4).  
5,6 Step Lf to L bump L hip to L (5), Bump R hip to R (6).  
7,8 Bump L hip to L (7), Bump R hip to R (8).

### **Part 3 [17-24] Side Rock L, L Behind, Side R ¼ Turn R, Fwd L. Out, Out, Hold, R Back, Hold.**

1,2 Rock Lf to L (5), Recover back onto Rf (6).  
3&4 Step Lf behind Rf (3), Make ¼ turn R (12.00) step Rf to R (&), Step Lf fwd (4).  
&5,6 Rf step diagonally fwd (&), Lf step diagonally fwd (5), Hold (6).  
7,8 Step Rf back (7), Hold (8).

### **Part 4 [25-32] Side L, R Together, L Fwd, Knee Lift R, Jazz Box Across ¼ Turn R.**

1,4 Step Lf to L (1), Step Rf beside Lf (2), Step Lf fwd (3), Lift R knee up (4).  
5,8 Step Rf across Lf (5), Make ¼ to R (3.00) step Lf back (6), Step Rf to R (7), Step Lf fwd (8).

**Choreographer notes: Ideal floor split to**

**Factor AB (Daniel Whittaker) – Beginner - Improver (2014).**

**REPEAT THE DANCE AND HAVE FUN!!**