Healy's Hornpipe

Choreographed by Maggie Gallagher Phone: +44 (0) 7950291350 *Web Site: www.maggieG.co.uk*
Description: 32 count, 4 wall, beginner/intermediate line dance
Music: "Dance Of Love" by Ronan Hardiman **CD:** Feet Of Flames. 104 bpm

CROSS-ROCK & CROSS, SIDE & SIDE-ROCK, TURN SHUFFLE
1-2   Cross rock right over left, Recover weight onto left
&3   Step to right side, Cross step left over right
4&   Step right to side, Step left next to right
5-6   Rock right to side, Recover weight onto left
7&8   Step right to side with 1/4 turn right, Step left together, Step forward on right

SCUFF, STOMP, 1/4 SCUFF, STOMP, SAILOR STEP, TOE, HOLD
9-10   Scuff left forward, Stomp left forward
11-12   Scuff right 1/4 turn right, Stomp right forward
13&14   Step left behind right, Step right to side, Step left in place
15-16   Touch right toe behind left, Hold
Arms: *Left arm point diagonally down to left side. Right elbow bent, arm to left side, pointing downwards as well. This lasts for a count of four*
Should now be facing back wall.

STOMP RIGHT, STOMP LEFT, HEELS OUT-IN-OUT-IN
17-18   Stomp right (right instep to left heel), Stomp left foot in front of right
&19   Swivel heels out, Swivel heels back in
&20   Swivel heels out, Swivel heels back in
Left foot should still be in front to right

1/4 STOMP, STOMP LEFT, HEELS OUT-IN-OUT-IN
21   Turning 1/4 right stomp right forward,
Arms: *Right arm point diagonally down to right side. Left elbow bent, arm pointing down to right as well*
22   Stomp left behind right
&23   Swivel heels out, Swivel heels back in
&24   Swivel heels out, Swivel heels back in
Right should now be in front of left

RUNNING STEP BALLS ON RIGHT (LIKE IN DANCING VIOLINS)
25&   Step forward on right, Step on ball of left behind right
26&   Step forward on right, Step on ball of left behind right
27&   Step forward on right, Step on ball of left behind right
28   Step forward on right

1/2 TURN RIGHT, RONDE LEFT ROUND, SHUFFLE LEFT FORWARD
29-30   Ronde (sweep) left to make 1/2 turn right on ball of right foot
31&32   Step forward left, Step right together, Step forward left

REPEAT