

One Moment in Time

Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Jaszmine Tan (April 2016)

Music: The Moment You Were Mine by Beth Nielsen Chapman

Intro : 16 count

Sec 1 : Cross & Behind 1/8, Step side 1/8 & Forward 1/8, Step R & Ronde L 5/8 turning L, Sweep R back

1	Cross L over R	
2 & 3	Step R 1/8 back, step L back, step R back	(10.30)
4 & 5	Step L 1/8 to L , step R 1/8 forward, step L forward	(7.30)
6 – 8	Step on R & ronde L turning 5/8 L, step down on L & sweep R back, step on R	(12.00)

Sec 2 : Walk forward L, R, L, R, 1/2 Pivot L, Step & Touch , Cross L

1	Walk L forward	
2 & 3	Walk forward R , L, R (alternatives : small running steps)	(12.00)
4 – 5	1/2 L stepping forward on L , Touch R to R	(6.00)
6 – 8	Cross R over L, Touch L to L, Cross L over R	

Sec 3 : Step R back, Circle L turning, Sweep R forward, Sweep L forward, Step R back

1	Step back on R	
2&3&4&	Step L, R, L, R, L, R turning L making a full circle	(6.00)
5 – 6	Step on L, sweep R from back to front, step on R & sweep L from back to front	
7 – 8	Step on L, recover on R	

Sec 4 : L Coaster, Full travelling L turn, Step L, 1/4 Pivot Sway R, L , R

1 & 2	Step L back, close R next to L, step L forward	
3 & 4	Step back on R 1/2 turning L, step forward on L 1/2 turning L, step forward on R	(6.00)
*** Wall 5 dance up to 28 count & Restart ***		
5 – 6	Step L forward, sway 1/4 turning R	(9.00)
7 – 8	Sway L, R	

Wall 5 – Short wall dance up to 28 count , Restart (facing 6.00)

Ending Wall 8 - music will slow down continue to dance up to 24 count, then touch L behind R & make a 1/2 turning L & pose. (facing 12.00)

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