

# Love Not War

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**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Lene Mainz Pedersen (DK) - March 2021

**Music:** Love Not War (The Tampa Beat) - Jason Derulo & Nuka : (iTunes)

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## Intro: 16 Counts from heavy beat

### [1-8] MAMBO R, MAMBO L, MAMBO FW, MAMBO BACK

1 & 2            Rock R to R side, Recover on L, Step R beside L  
3 & 4            Rock L to L side, Recover on R, Step L beside R  
5 & 6            Rock R fw, Recover on L, Step R beside L  
7 & 8            Rock L back, Recover on R, Step L beside R

### [9-16] STEP R FW, PUNCH R-L-R, STEP L FW, PUNCH L-R-L

1 - 4            Step R to R diagonal with R fist/arm fw, punch L fist over R arm, under R arm, over R arm  
5 - 8            Step L to L diagonal with L fist/arm fw, punch R fist over L arm, under L arm, over L arm  
( OR simply heel bounce if you can't do the arms BUT TRY )

### [17-24] V-STEP, ¼ PADDLE L X2

1 - 4            Step R to R diagonal, Step L to L diagonal, Step R back to center, Step L beside R \*\*\* Restart wall 8  
5 - 8            Step fw on R, Turn ¼ L weight on L, Step fw on R, Turn ¼ L weight on L (6:00)

### [25-32] SAMBA R, SAMBA L, JAZZ ¼ R

1 & 2            Cross R in front of L, Rock L to L side, Recover on R to R diagonal  
3 & 4            Cross L in front of R, Rock R to R side, Recover on L to L diagonal  
5 - 8            Cross R in front of L, Turn ¼ R step back on L, Step R to R side, Cross L in front of R (9:00)

**ENJOY**

**RESTART: Wall 8 after Count 20**

**Contact:** [lene.m@privat.dk](mailto:lene.m@privat.dk)

[www.happylinedanceherning.dk](http://www.happylinedanceherning.dk)