

Sarah's Twist & Shout

Count: 32

Wall: 4

Level: Intermediate

Choreographer: K. Sholes (USA) - October 2016

Music: Down At The Twist & Shout by Sarah Louise Mc Fadden

Section 1: Crazy scuffs X4 (scuff with one foot while spinning on toe of other foot)

1-4 Scuff R, Step R to side, Scuff L, Step L to side,

5-8 Scuff R, Step R to side, Scuff L, Step L to side.

Section 2: Touch, Hold X2, Step, 1/4 pivot-flick, Step, Hold

1-4 Touch R toe forward, Hold, Touch R toe back, Hold,

5-8 Step R forward, Pivot 1/4 to left-flick R back, Step R forward, Hold.

Section 3: Toe strut X2, Jazz box-cross

1-4 Step L toe forward, Step on L, Step R toe forward, Step on R,

5-8 Cross L over R, Step R back, Step L back, Cross R over L.

Section 4: Touch, Hold X2, Step, Toe tap, Heel tap, Toe flick

1-4 Touch L toe to side, Hold, Touch L toe over R, Hold,

5-8 Step L to side, Touch R toe in, Touch R heel in, Flick R toe back.

Begin Again! Enjoy!