

FAME Warm-up

Count: 32

Wall: 1

Level: Beginner (Before Training. Warm-Up)

Choreographer: YoungSoon Song (KOR), Hyun Ah Lee (KOR), Hee Sun Lee (KOR) & SoYeon Choi (KOR) - June 2020

Music: Fame - Irene Cara

S1: SIDE ROCK, WEAVE, SIDE ROCK, WEAVE

1-2 RF Step R Side(1), LF Recover Weight(2)
3&4 RF Cross Behind(3), LF Step L Side(&), RF Cross Over(4)
5-6 LF Step L Side(5), RF Recover Weight(6)
7&8 LF Cross Behind(7), RF Step R Side(&), LF Cross Over(8)

S2: KICK, OUT-OUT, HEEL BOUNCE X2, SAILOR STEP X2

1&2& RF Kick Forward(1), RF Out(&), LF Out(2)
3-4 BF Heel Bounce(3), BF Heel Bounce(4)
5&6 RF Cross Behind(5), LF Step Together(&), RF Step R Side(6)
7&8 LF Cross Behind(7), RF Step Together(&), LF Step L Side(8)

S3: HITCH, DIAGONAL FORWARD, HITCH, DIAGONAL FORWARD, HITCH, DIAGONAL FORWARD, HITCH, DIAGONAL FORWARD

1-2 RF Hitch, RF Step Diagonal Forward(1:30)
3-4 LF Hitch, LF Step Diagonal Forward(10:30)
5-6 RF Hitch, RF Step Diagonal Forward(1:30)
7-8 LF Hitch, LF Step Diagonal Forward(10:30)

S4: BACK STEP X2, TOUCH-STEP WITH HIP ROLL, BACK STEP X2, TOUCH-STEP WITH HIP ROLL X2

1-2 RF Step Diagonal Backwards(4:30), LF Step Diagonal Backwards(7:30)
3-4 RF Touch Diagonal Backwards with Hip Roll to R(4:30)(3), RF Step Diagonal Backwards(4)(Weight on RF)
5-6 LF Step Diagonal Backwards(7:30), RF Step Diagonal Backwards(4:30)
7-8 LF Touch Diagonal Backwards with Hip Roll to L(7:30)(7), LF Step Diagonal Backwards(8)(Weight on LF)