



Couldn't Keep Up!

Song: Couldn't Keep Up, Artist: Ashleigh Dallas,
Single: Couldn't Keep Up (4:20)
Choreographer: Stephen Paterson,
Victoria, Australia, 07/2021

Step Description: 32 count, 2 wall, Intermediate Line Dance, 69 BPM,
6 restarts, start dance after 16 count intro



RESTARTS: **On walls 2, 3, 6 & 7 restart after count 28 *****
 (2 & 6 begin to the back, then restart to the front)
 (3 & 7 begin to the front, then restart to the back)
On walls 4 & 8 restart after 16 counts **
 (both of these begin to the back then restart to the front)

Sequence will be 32, 28, 28, 16
32, 28, 28, 16
32, 32

DANCE:

Beats	Steps	
1-8	R Nightclub Basic, Side, Quarter Side, Cross, Slow Scissor, Cross, Side, Behind, Quarter Forward	
1 2 &	Step right out to side, rock step left behind right, replace weight onto right in place (&)	<i>(R Nightclub basic)</i>
3 4 &	Step left out to side dragging right together, turn 1/4 right then step right out to side, step left across right (&)	
5 6 &	Step right out to side, slide left to step beside right instep, step right across left (&)	<i>(slow scissor)</i> 3.00
7 8 &	Step left out to side, step right behind left, turn 1/4 left then step left forward (&)	12.00
9-16	Pivot Half, Forward, Three Quarter, Cross Side, Rock Back, Recover, Quarter, Rock Back Recover	
1 & 2	Step right forward, pivot 1/2 left taking weight onto left in place (&), step right forward	6.00
3 &	Turn 1/2 right then step left back, turn 1/4 right then step right out to side (&)	3.00
4 &	Step left across right, step right out to side (&)	
5 6	Rock step left back slightly behind right, recover weight forward onto right in place,	
&	turn 1/4 right then step left slightly back (&)	6.00
7 8 **	Rock step right back, recover weight forward onto left in place **	6.00
17-24	Rock Forward, Recover, Half, Step, Half Pivot, Together, Rock Forward, Recover, Together, Back Sweep, Back Sweep	
1 2 &	Rock step right forward, recover weight back onto left in place, turn 1/2 right then step right forward (&)	12.00
3 4 &	Step left forward, pivot 1/2 right taking weight onto right in place, step left beside right (&)	6.00
5 6 &	Rock step right forward, recover weight back onto left in place, step right beside left (&)	
7 8	Step left back sweeping right out, step right back sweeping left out	6.00
25-32	Behind, Side, Cross Rock, Quarter, Pivot Three Quarter, R Nightclub Basic, L Nightclub Basic	
1 &	Step left behind right, step right out to side (&),	
2 & 3	Rock step left across right, recover weight back onto right in place (&), turn 1/4 left then step left forward	3.00
4 & ***	Step right forward, pivot 3/4 left taking weight onto left in place (&)	6.00
5 6 &	Step right out to side, rock step left behind right, replace weight onto right in place (&)	<i>(R Nightclub basic)</i>
7 8 &	Step left out to side, rock step right behind left, replace weight onto left in place (&)	<i>(L Nightclub basic)</i> 6.00

ENDING: Wall 10 finishes to the front, step right out to side, drag left towards right to finish

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