



Eatin' Right and Drinkin' Bad

Choreographer: Janet (Zhen Zhen) Ge, China (Sep. 2023)

Music: Eatin' Right and Drinkin' Bad by Ronnie Beard

Descriptions: 32 count – 4 wall – Beginner Level

(No Tag, One Restart)

Thanks my FB friend Ronnie Beard for recommending this song!

Intro: 32 counts

Section1 **Vaudeville R-L**

1-4 Cross right over left, step left to side, touch right heel to diagonal R, step right next left

5-8 Cross left over right, step right to side, touch left heel to diagonal L, step left next right

Section2 **1/4 Turn R Jazz Step, Heel Switch**

1-4 Cross right over left, 1/4 turn R stepping left back, step right to side, cross left over right

5-8 Touch right heel forward, step right next left, touch left heel forward, step left next right (3:00)

Section3 **1/4 Monterey Turn, Rocking Step**

1-4 Point right to side, 1/4 turn R stepping right together, point left to side, step left together

5-8 Rock right forward, recover on left, rocking right back, recover on left (6:00)

Section4 **Sugar Step, Forward, 1/4 Pivot Turn L**

1-3 Touch right toe in, touch right heel out, cross right over left

4-6 Touch left toe in, touch left heel out, cross left over right

7-8 Step right forward, 1/4 pivot turn L weight on left (3:00)

Restart: After 16 counts on wall 4 facing to 12:00

Have Fun!

Contact Email: 93806188@qq.com

Music Video Link: <https://www.youtube.com/watch?v=6yaYm0Yuh1E>