

# Mini Mix

**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Pat Stott (UK) Carrie Ann Green (Almeria, Spain) March 2014

**Music:** Little Mix – Word Up – Sports Relief official Charity track 2014

**16 Count intro from main beat, commence after 23 seconds from start of track.**

**No Tags, No Restarts**

## **S1: Forward diagonal Step Touches**

- 1-2 Step right fwd to right diagonal. Touch left beside right (arms wave in air L to R, click fingers)
- 3-4 Step left fwd to left diagonal. Touch right beside left (Arms wave in air R to L, click fingers)
- 5-6 Step right fwd to right diagonal. Touch left beside right( arms wave in air L to R, click fingers)
- 7-8 Step left fwd to left diagonal. Touch right beside left (Arms wave in air R to L, click fingers)

## **S2: Walk Back R,L,R, Kick, Walk Back L,R,L, Hitch**

- 1-4 Walk back on Right, Walk back on Left, Walk back on Right, Kick L fwd (12.00)
- 5-8 Walk back on Left, Walk back Right Walk back on Left, Hitch R knee slightly across left

## **S3: Right Step, slide, Swivel heels R & L, Centre, Left Step, slide, Swivel heels L, Centre**

- 1,2,3&4 Step to Right, slide L Step together, Swivel heels to R & L then Centre
- 5-6 Step to Left, slide R step together
- 7-8 Swivel heels to Left, then Centre

## **S4: Step fwd, scuff, Step ¼ turn R, scuff, Stomp, Stomp, Twist R heel in & Twist L heel in**

- 1-2 Step R fwd, scuff L,
- 3-4 step L forward making a ¼ turn R, scuff R,
- 5-6 Stomp fwd Right, Stomp Left next to Right slightly apart
- &7&8 Twist right heel in (&), straighten up and change weight to right (7), twist left heel in (&), straighten up and change weight to left (8)

**End of Dance : finish on end of Section 4 swivel both heels to left making ¼ turn to the Right to face front wall (weight on both feet)**

**Contacts:** patstott1@hotmail.co.uk - dizzyc71@hotmail.com