

A Lotta Bad Habits

Count: 48

Wall: 4

Level: Low Intermediate

Choreographer: Norman Gifford – April 2018

Music: Bad Habits - Michael Lee Austin

(Rock back, replace, lock-steps forward, step, hold, lock-step, brush)

1-2 Left rock back; right replace forward
3&4 Left step forward; right lock behind; left step forward
5-6 Right step forward; hold
&7-8 Left lock behind; right step forward; left brush

(Rock-step, chassè turning ¼ left, crossover, reverse turn ½ right, chassè right)

1-2 Left rock forward; right replace back
3&4 Turn ¼ left stepping side; right together; left step side [9:00]
5-6 Right crossover; left step side in swivel turn ½ right [3:00]
7&8 Right step side; left together; right step side

(Cross-rock, replace, sailor-step, paddle turns RLRL)

1-2 Left cross-rock; right replace
3&4 Sailor-step (LRL)
5-8 Paddle turn 1/8 left; paddle turn 1/8 left [12:00]

(Rock forward, replace, sailor step turning ¼ right, sways LRLR)

1-2 Right rock forward; left replace
3&4 Sailor-step turning ¼ right (RLR) [3:00]
5-8 Sway left; right; left; right {RESTART in 3:00 wall #5, you will be facing 6:00}

(Pivot turns ½ right, kick-ball-change, kick-ball-change)

1-4 Left step forward; pivot turn ½ right; left step forward; pivot turn ½ right
5&6 Left kick-ball-change
7&8 Left kick-ball-change

(Cross, replace, step side, brush, rock forward, replace, long step back, left draw together no weight)

1-4 Left cross-rock; right replace; left step side; right brush forward
5-8 Right cross-rock; left replace; right long step back; draw left back {TAG, wall #4}

BEGIN AGAIN

TAG: Done only at the end of wall #4, facing 12:00

(Point, hold, ball-change, flick, point, hold, ball-change, flick)

1-2 Left point side; hold
&3-4 Left together; right point side; right flick up behind
5-6 Right point side; hold
&7-8 Right together; left point side; left flick up behind

(Back rock-step, kick-ball-change, pivot-turn ¼ right, sway left, sway right)

1-2 Left rock back; right replace
3&4 Left kick-ball-change
5&6 Left step forward; pivot turn ¼ right [3:00]
7-8 Left sway side; right sway side (with attitude)

BEGIN AGAIN

Contact: nlgifford@yahoo.com