

# My Tender Heart

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Katrin Gäbler (July. 2014)

Music: My Tender Heart – Lionel Richie

**Intro: 8 counts from the heavy beat, begin on lyrics**

**[1-8] Cross, Rock, Recover, Chassé Right, Cross Rock, Recover, Chassé ¼ Left**

1-2	Step right across left, weight back on left	12.00	
3&4	Step right to right, (&) close left next to right, step right to right		12.00
5-6	Step left across right, weight back on right	12.00	
7&8	Step left to left, (&) close right next to left, step left ¼ left fwd	9.00	

**[9-16] Prissy Walk R+L, Step, Lock Step, Rock Step, Recover, ¾ Triple Turn Left**

1-2	Step right across left fwd, step left across right fwd	9.00	
3&4	Step right fwd, (&) cross left behind right, step right fwd	9.00	
5-6	Rock left fwd, weight back on right	9.00	
7&8	¾ Triple Turn on place stepping l,r,l	12.00	

**[17-24] Step, Touch Back, Shuffle Back, Back, Touch Fwd, Shuffle Fwd**

1-2	Step right fwd, touch left behind right (Body angled a little left)		12.00
3&4	Step left back, close right next to left, step left back	12.00	
5-6	Step right back, touch left fwd (Body angled a little right)	12.00	
7&8	Step left fwd, (&) close right next to right, step left fwd	12.00	

**\*\*\*Tag and Restart here in wall 6!\*\*\* (9.00)**

**[25-32] Sway, Sway, Chassé Right, Sway, Sway, Chassé Left**

1-2	Step right to right and sway hips right & left	12.00	
3&4	Step right to right, (&) close left next to right, step right to right		12.00
5-6	Step left to left and sway hips left & right	12.00	
7&8	Step left to left, (&) close right next to left, step left to left	12.00	

**[33-40] Cross, Side, Sailor Step, Cross, Side, Sailor Turn ½ Left with Cross**

1-2	Step right across left, step left to left	12.00	
3&4	Cross right behind left, (&) step left to left, step right to right	12.00	
5-6	Step left across right, step right to right	12.00	
7&8	½ turn left and cross left behind right, (&) step right to right, step left across right	6.00	

**[41-48] Side, Hold, & Side, Touch, Side, Hold, & Side, Touch**

1-2	Step right to right, Hold	6.00	
3&4	(&) close left next to right, step right to right, touch left next to right		6.00
5-6	Step left to left, Hold	6.00	
7-8	(&) close right next to left, step left to left, touch right next to left		6.00

**[49-56] Back Rock, Recover, Shuffle Fwd, Jazz Box with Hold**

1-2	Rock right back, recover on left	6.00	
3&4	Step right fwd, (&) step left next to right, step right fwd		6.00
5-6	Step left across right, step right back	6.00	
7&8	Step left to left, Hold *** Restart here in wall 1 & 3***		6.00

**[57-64] Cross, Sweep, Cross Shuffle, & Point, ¼ Left Down, Step, Step**

1-2	Step right across left, sweep left from back to front	6.00	
3&4	Step left across right, (&) step right to right, step left across right		6.00
&5-6	(&) step right to right, point left to left, ¼ turn left stepping left down		3.00
7-8	Step fwd on right + left	3.00	

**Tag 4 Counts Tag during wall 6 after count 24 (Shuffle fwd) ! Start over again !**

**[1-4] Side Left and Hip Sways R,L,R,L**

1-4	Step Right And Sway Hips R,L,R,L	9.00	
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Contact: [katring66@hotmail.com](mailto:katring66@hotmail.com)