

# My Happy Place

Choreographer: Niels Poulsen (Denmark)

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Type of dance: Advanced AB dance. A: 64 counts, 2 walls. B: 32 counts, 4 walls  
 Music: **If I'm lucky** by Jason Derulo. Track length: 3:31. Buy on iTunes, etc.  
 Intro: 8 counts (app. 4 secs into track). **Start with weight on R foot**  
 16 count tag: After your 4<sup>th</sup> B, facing 12:00. See tag description at bottom of sheet  
 Sequence: A, B, B, A, B, B, TAG, TAG, B, B, B + Ending

*A Part: Comes twice. Always starts facing 12:00 and always finishes facing 6:00*

Counts	Footwork	End facing
<b>1 – 8</b>	<b>Stomp L fwd, R kick fwd, back out RL, R knee pop, recover, L samba ¼ L, step R fwd</b>	
1, 2&3	Stomp L fwd (1), Kick R fwd (2), step R backwards and out R (&), step L out to L side (3)	12:00
4 – 5	Pop R knee in (4), return knee back to neutral stepping down on R (5)	12:00
6&7	Cross L over R (6), rock R to R side (&), turn ¼ L when recovering onto L (7)	9:00
8	Step R fwd (8)	9:00
<b>9 – 16</b>	<b>Press L fwd &amp; side, behind side cross, R side rock ¼ L, fwd R, touch behind, unwind</b>	
1&2&	Press L fwd (1), recover on R (&), press L to L side (2), recover on R (&)	9:00
3&4	Cross L behind R (3), step R to R side (&), cross L over R (4)	9:00
5 – 6	Rock R to R side (5), turn ¼ when recovering to L (6)	6:00
&7 – 8	Quickly step R fwd (&), touch L behind R (7), unwind full turn L onto L (8)	6:00
<b>17 – 24</b>	<b>Side R, behind hitch, behind side cross, L side rock, L sailor ¼ L</b>	
1 – 2	Step R to R side (1), cross L behind R hitching R knee (2) ... <i>Styling: brush R shoulder with L hand on count 2</i>	6:00
3&4	Cross R behind L (3), step L to L side (&), cross R over L snapping R fingers to R side (4)	6:00
5 – 6	Rock L to L side (5), recover on R (6)	6:00
7&8	Cross L behind R (7), turn ¼ L stepping R next to L (&), step L diagonally fwd L (8)	3:00
<b>25 – 32</b>	<b>R&amp;L samba steps, jazz box ½ R, HOLD</b>	
1&2	Cross R over L (1), rock L to L side (&), recover on R (2)	3:00
3&4	Cross L over R (3), rock R to R side (&), recover on L (4)	3:00
5 – 7	Cross R over L (5), turn ¼ R stepping back on L (6), turn ¼ R stepping R to R side (7)	9:00
8	HOLD (8)	9:00
<b>33 – 40</b>	<b>Together, point R&amp;L&amp;, bounce R heel R, together, point L&amp;R&amp;, bounce L heel L</b>	
&1&2&	Step L next to R (&), point R to R side (1), step R slightly fwd (&), point L to L side (2), step L slightly fwd (&) ... <i>Note: travelling forward</i>	9:00
3&4	Bounce R heel down to R side bending both knees (3), straighten knees almost (&), bounce R heel down to R side (4) ... <i>weight on L</i>	9:00
&5&6&	Step R slightly fwd (&), point L to L side (1), step L slightly fwd (&), point R to R side (2), step R slightly fwd (&) ... <i>Note: travelling forward</i>	9:00
7&8	Bounce L heel down to L side bending both knees (7), straighten knees almost (&), bounce L heel down to L side (8) ... <i>weight on R</i>	9:00
	<i>Styling: 1) During all 8 counts bend in knees (stay low...), 2) during heel bounces try to lean body to the opposite side of the bouncing heel</i>	
<b>41 – 48</b>	<b>Samba ¼ L, R shuffle fwd, rock L fwd, ball point back, body roll, down on R</b>	
1&2	Cross L over R (1), rock R to R side (&), recover on L turning ¼ L (2)	6:00
3&4	Step R fwd (3), step L behind R (&), step R fwd (4)	6:00
5 – 6	Rock L fwd (5), recover back on R (6)	6:00
&7 – 8	Step back on L (&), point R back starting a body roll from head and down (7), finish body roll ending with weight on R (8) ... <i>Note: body roll hits lyrics: 'all the way down'</i>	6:00
<b>49 – 56</b>	<b>L coaster step, R kick ball heel, ball step ½ L, ¼ L chasse to R side</b>	
1&2	Step back on L (1), step R next to L (&), step fwd on L (2)	6:00
3&4&	Kick R fwd (3), step R next to L (&), touch L heel fwd (4), step L towards R (&)	6:00
5 – 6	Step R fwd (5), turn ½ L stepping L fwd (6)	6:00
7&8	Turn ¼ L stepping R to R side (7), step L next to R (&), step R to R side (8)	9:00

<b>57 – 64</b>	<b>L&amp;R pony steps back, ¼ L big side step, slide, ball L side rock</b>	
1&2	Step L back popping R knee fwd (1), recover on R (&), step L back popping R knee fwd (2)	9:00
3&4	Step R back popping L knee fwd (3), recover on L (&), step R back popping L knee fwd (4)	9:00
5 – 6	Turn ¼ L stepping L a big step to L side (5), slide R towards L (6)	6:00
&7 – 8	Step R next to L (&), rock L to L side (7), recover on R (8)	6:00

*B Part: Always comes twice in a row, apart from the very last time when you do B three times in a row 😊*

<b>1 – 8</b>	<b>L samba step, cross side touch behind, side R, behind ¼ R, step ½ R</b>	
1&2	Cross L over R (1), rock R to R side (&), recover on L (2)	6:00
3&4	Cross R over L (3), step L to L side (&), touch R behind L looking to L side (4)	6:00
5 – 6&	Step R to R side (5), cross L behind R (6), turn ¼ R stepping R fwd (6)	9:00
7 – 8	Step L fwd (7), turn ½ R onto R (8)	3:00
<b>9 – 16</b>	<b>Fwd L, R mambo step, back L with R sweep, R sailor ¼ R, step ¼ R</b>	
1	Step L fwd (1)	3:00
2&3 – 4	Rock R fwd (2), recover on L (&), step R back (3), step L back sweeping R out to R side (4)	3:00
5&6	Cross R behind L starting to turn ¼ R (5), finish turn stepping L next to R (&), step R fwd (6)	6:00
7 – 8	Step L fwd (7), turn ¼ R stepping onto R (8)	9:00
<b>17 – 24</b>	<b>Cross over, R side rock, cross, step slide L, ball cross, R side rock</b>	
1 – 2&	Cross L over R (1), rock R to R side (2) recover on L (&)	9:00
3 – 5	Cross R over L (3), step L a big step to L side (4), slide R towards L (5)	9:00
&6	Step R next to L (&), cross L over R (6)	9:00
7 – 8	Rock R to R side (7), recover on L (8)	9:00
<b>25 – 32</b>	<b>Cross back back X 3, cross L over R, R diagonal step</b>	
1 – 2&	Cross R over L (1), step L back and out to L side (2), step R back and out to R side (&)	9:00
3 – 4&	Cross L over R (1), step R back and out to R side (2), step L back and out to L side (&)	9:00
5 – 6&	Cross R over L (1), step L back and out to L side (2), step R back and out to R side (&)	9:00
7 – 8	Cross L over R (7), step R fwd to R diagonal (8)	9:00

*Tag: After your 4<sup>th</sup> B part, facing 12:00. Do the tag TWICE, in a row. Then start B again, facing 6:00 😊*

<b>1 – 8</b>	<b>Rock LRL fwd with R sweep, weave with L hitch</b>	12:00
1 – 4	Rock L fwd (1), recover back on R (2), step L fwd starting to sweep R fwd (3), finish sweep (4) ... <i>(Timing: quick, quick, sloooow)</i>	12:00
5 – 8	Cross R over L (5), step L to L side (6), cross R behind L starting to hitch L in a figure 4 position (7), continue to hitch L knee (8) ... <i>(Timing: quick, quick, sloooow)</i>	12:00
<b>9 – 16</b>	<b>Behind ¼ R fwd, rock fwd, Hold, recover, ½ L, full spiral L over 2 counts</b>	
1 – 4	Cross L behind R (1), turn ¼ R stepping R fwd (2), rock L fwd (3), HOLD (4) ... <i>(Timing: quick, quick, sloooow)</i>	3:00
5 – 8	Recover back on R (5), turn ½ L stepping L fwd (6), step R fwd starting a full spiral turn L (7), finish full spiral turn (8) ... <i>(Timing: quick, quick, sloooow)</i>	9:00

*Ending: The ending happens when facing 3:00 when doing the last 8 counts of your last B*

<b>Ending</b>	When doing the last 8 counts of the dance turn ¼ L when doing the 2 <sup>nd</sup> 'cross back back' to end facing 12:00	12:00
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