

## COWBOYS & COWGIRLS

**Count: 32**

**Wall: 4**

**Level: Beginner**

**Choreographer: Karianne Heimvik**

**Music: Achy Breaky Heart, Billy Ray Cyrus (or any song with a 4/4 count, steady beat)**

### **(1-8) Right K- step**

**1,2:** Step RF diagonally fwd to right, touch LF next to RF

**3,4:** Step LF diagonally fwd to left, touch RF next to RF

**5,6:** Step RF diagonally back to right, touch LF next to RF

**7,8:** Step LF diagonally back to left, touch RF next to LF

### **(9 – 16) RF Back, LF heel tap, LF step, RF toe tap, repeat**

**1,2:** step back on RF, tap LF heel fwd

**3,4:** step LF in place, tap RF toes back

**5,6:** step back on RF, tap LF heel fwd

**7,8:** step LF in place, tap RF toes back

### **(17-24) RF fwd step, touch, LF fwd step, touch, ¼ turn to left, touch, side step, touch**

**1,2:** step fwd on RF, touch LF next to RF

**3,4:** step fwd on LF, touch RF next to LF

**5,6:** make ¼ turn to left stepping RF to right, touch LF next to RF

**7,8:** step LF to left, touch RF next to LF

### **(25 – 32) Right dip, left dip, RF in, LF in, swivet**

**1,2:** step RF to right, touch LF to left (*bend your knees and dip from left to right, straighten legs as you touch LF*)

**3,4:** step LF to left, touch RF to right (*bend your knees and dip from right to left, straighten legs as you touch RF*)

**5,6:** step RF in, step LF in

**7,8:** have weight on right heel and left toe and swivel both toes to right, return feet to center

**End of dance!**

**Enjoy, have fun and SMILE!**

