

# Hear The Beat

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Sandra Speck (UK) - June 2008

Music: Clap Your Hands (feat. Jessica Darling) - The Herbaliser : (CD: Same As It Never Was)

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**START: 64 counts intro, start on vocals.**

**(1-8) Right Mambo Forward, Triple  $\frac{3}{4}$  Turn Left**

1-3 Rock forward onto right foot, rock back onto left, Step back on right foot  
4 Hold for one count  
5-7 Triple  $\frac{3}{4}$  left on left, right, left  
8 Hold for one count

**(9-16) Hips X 3, Rocking Chair**

1-3 Small step forward on right foot, push hips onto right, left right  
4 Hold for one count  
5-6 Rock forward onto left foot, rock back onto right foot  
7-8 Rock back onto left foot, recover onto right foot

**(17-24) Left Lock Step, Sweep, Cross Back Back, Hold**

1-3 Step forward on left, lock right behind left, step forward on left  
4-5 Sweep right foot out from back to front, cross right foot in front of left  
6,7 Step back on left foot, step back on right foot  
8 Hold for one count

**(25-32) Cross Back Turn  $\frac{1}{4}$  Point, Monteray  $\frac{1}{2}$  Point, Bend, Push Hip Left**

1-2 Cross left in front of right, step back on right foot  
3-4 Turn  $\frac{1}{4}$  left stepping left foot to side, point right to right side  
5-6 Close right next to left making  $\frac{1}{2}$  turn right, point left to left side  
7-8 Bend knees slightly, push left hip to left (taking weight onto left foot)

**REPEAT FROM HERE ON WALLS 5 & 7**

**(33-40) Side Touch X 4 With Clicks**

1-2 Step right to right side, touch left next to right  
3-4 Step left to left side, touch right next to left  
5-6 Step right to right side, touch left next to right  
7-8 Step left to left side, touch right next to left

**(41-48) Side Behind Side Heel, Side Behind Turn  $\frac{1}{2}$  Step**

1-2 Step right to right side, step left behind right  
3-4 Step right to right side, touch left heel forward  
5-6 Step left to left side, cross right behind left  
7-8 Make  $\frac{1}{2}$  turn right, weight onto right, step left foot next to right

**(49-56) Side Touch X 4 With Clicks**

1-8 Repeat counts 33-40

**(57-64) Side Behind Side Heel, Side Behind Turn  $\frac{1}{2}$  Step**

1-8 Repeat counts 41-48

**Choreographers note:**

**On wall 2 counts 33-40 & 49-56 clap your hands instead of click**

**On wall 4 counts 33-40 & 49-56 shimmy instead of click**

**On walls 5 & 7 omit counts 1-32 & repeat counts 33-64 twice with claps**

**Have Fun!**