



# NO BRAKES



Collective MJDADC

**Choreographers** : Marianne Langagne , Jenny Declémy, Dominique Lapôte, Angeline Mulard, Delphine Sablon, Christelle Spinard  
**Walls** : 4 Walls  
**Counts** : 32 Counts – 1 Restart – 1 Tag/Restart  
**Level** : Improver  
**Music** : No Brakes – The Wolfe Brothers (105 BPM)  
**Intro** : 16 Counts – Start on the lyrics

**TAG : 7th Wall after 16 Counts & Restart**

**1-8 KICK BALL STEP, HEEL SWITCHES, STEP ½ TURN L, TRIPLE FWD**

1&2 Kick RF, Together, LF Fwd  
3&4 R Heel Fwd, Together, L Heel Fwd  
& Together  
5-6 RF Fwd, ½ Turn L (weight on LF) (You'll be at 3:00)  
7&8 RF Fwd, Together, RF Fwd

**9-16 KICK BALL STEP, STEP ½ TURN R, FULL TURN, TRIPLE FWD**

1&2 Kick LF, Together, RF Fwd  
3-4 LF Fwd, ½ Turn R (You'll be at 9:00)  
5-6 ½ Turn R- LF Back, ½ Turn R- RF Fwd  
7&8 LF Fwd, Together, LF Fwd

**Séquences : 32 – 32 – 16R – 32 -32 – 32 – 16 TAG /RESTART– 32 – 16 – Final : Touch RF behind LF**

**S1 WALK R-L, ANCHOR STEP, BACK L-R, COASTER STEP**

1-2 Walk R - L  
3&4 RF Behind LF, Return weight on LF, Return weight on RF  
5-6 LF Back, RF Back  
7&8 LF Back, Together, LF Fwd

**S2 TRIPLE FWD, ½ TURN-TRIPLE FWD, SKATE R –L, KICK BALL STEP**

1&2 RF Fwd, Together, RF Fwd  
3&4 ½ Turn L- LF Fwd, Together, LF Fwd (6:00)  
5-6 Skate RF, Skate LF  
7&8 Kick RF, Together, LF Fwd  
HERE RESTART : 3<sup>rd</sup> Wall (facing 12 :00)  
HERE TAG : 7<sup>th</sup> Wall (facing 9:00) & RESTART

**S3 SIDE ROCK CROSS R – L, STEP ½ TURN L, COASTER STEP**

1&2 RF to the R, Recover on LF, Cross RF over LF  
3&4 LF to the L, Recover on RF, Cross LF over RF  
5-6 RF Fwd, ½ Turn L with weight on RF (12:00)  
7&8 LF Back, Together, LF Fwd

**S4 STEP ¼ TURN L, VAUDEVILLE R – L, STOMP, HEEL SPLIT**

1-2 RF Fwd, ¼ Turn L (weight on LF) (9:00)  
3&4 Cross RF over LF, LF Back, R Heel Diagonally R  
& Together  
5&6 Cross LF over RF, RF Back, L Heel Diagonally L  
& 7 Together, Stomp RF next to LF (weight on the 2 feet)  
& 8 Heels out, Return to the center (Weight on LF)

*Moove, Dance & have Fun*

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