

# Resist

Choreographed : Marja Urgert & Jan van Tiggelen (Dec 2018)  
Music : Resist "By" Shary-An  
Descriptions : 64 count - 4 wall - Intermediate line dance  
: [marja42@kpnmail.nl](mailto:marja42@kpnmail.nl) / [co4ol72@kpnmail.nl](mailto:co4ol72@kpnmail.nl)



Intro: 40 Counts

## Sec 1: Step fwd, Touch, & Step Back, Heel, & Touch, Back Rock, Recover, Shuffle fwd

1-2 RF. Step fwd - LF. Touch toe beside RF  
&3&4 LF. Step back - RF. Dig heel fwd - RF. Step beside LF. LF. Touch toe beside RF  
5-6 LF. Back rock - RF. Recover  
7&8 LF. Step fwd - RF. Step together - LF. Step fwd

## Sec 2: 1/4 Turn L, Touch, & Step L Diagonal Back, Touch, & Step R Diagonal Back, Touch, Back Rock, Recover, Kick-Ball-Cross

1-2 RF. 1/4 Turn L step side - LF. Touch toe beside RF (9:00)  
&3&4 LF. Step diagonal L back - RF. Touch toe beside LF - RF. Step diagonal R back - LF. Touch toe beside RF  
5-6 LF. Back rock - RF. Recover  
7&8 LF. Kick diagonal L fwd - LF. Step beside RF - RF. Cross over LF

## Sec 3: Side Rock, Recover, Behind-Side-Cross, 1/2 Turn R into Cross Shuffle, Step Side, Touch

1-2 LF. Side rock - RF. Recover  
3&4 LF. Cross behind RF - RF. Step side - LF. Cross over RF  
5&6 RF. 1/2 Turn R cross over LF - LF. Step side - RF. Cross over LF (3:00)  
7-8 LF. Step side - RF. Touch toe beside LF

## Sec 4: Behind, Side, Cross Shuffle, 1/4 Turn R, Step Together, Step-Lock-Step

1-2 RF. Cross behind LF - LF. Step side  
3&4 RF. Cross over LF - LF. Step side - RF. Cross over LF  
5-6 LF. 1/4 Turn R step back - RF. Step together (6:00)  
7&8 LF. Step fwd - RF. Lock behind LF - LF. Step fwd

## Sec 5: Volta Steps with 1/2 Turn R, Volta Steps with 3/4 Turn L

1&2& RF. 1/8 Turn R step fwd (7:30) - LF. Lock behind RF - RF. 1/8 Turn R step fwd (9:00) - LF. Lock behind RF  
3&4 RF. 1/8 Turn R step fwd (10:30) - LF. Lock behind RF - RF. 1/8 Turn R step fwd (12:00)  
5&6& LF. 1/4 Turn L step fwd (9:00) - RF. Lock behind LF - LF. 1/8 Turn L step fwd (7:30) - RF. Lock behind LF  
7&8 LF. 1/8 Turn L step fwd (6:00) - RF. Lock behind LF - LF. 1/4 Turn L step fwd (3:00)

## Sec 6: Cross Rock, Recover, Chasse, Cross Rock, Recover, Chasse with 1/4 Turn L

1-2 RF. Cross rock over LF - LF. Recover  
3&4 RF. Step side - LF. Step together - RF. Step side  
5-6 LF. Cross rock over RF - RF. Recover  
7&8 LF. Step side - RF. Step together - LF. 1/4 Turn L step fwd (12:00)

## Sec 7: Skate R fwd, Skate L fwd, Kick-Ball-Step, Rock fwd, Recover, Shuffle 1/2 Turn R

1-2 RF. Skate fwd - LF. Skate fwd  
3&4 RF. Kick fwd - RF. Step together - LF. Step fwd  
5-6 RF. Rock fwd - LF. Recover  
7&8 Shuffle 1/2 turn R stepping R,L,R (6:00)

## Sec 8: Step fwd, 1/4 Turn R, Cross, Point, R Sailor Step, L Sailor Step

1-2-3-4 LF. Step fwd - 1/4 Turn R - LF. Cross over RF - RF. Point toe to R side (9:00)  
5&6 RF. Cross behind LF - LF. Step side - RF. Step side  
7&8 LF. Cross behind RF - RF. Step side - LF. Step fwd

Start Again