

Get Ready

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Julia Wetzel - August, 2014

Music: Get Ready (T&S 45 Edit) by Lady The Band (length: 3:50, fade out by 3:00)

Download music at: <https://truthandsoulrecords.com/shop/store-albums/get-ready-45-edit-mp3/>
The version I use is the Short Radio Edit (length: 2:52) used in the official YouTube music video

[1 – 8] Step, Step, Tap, Back, Full Turn, Coaster

1-4 Step R fw (1), Step L fw (2), Tap ball of R behind L (3), Step R back (4) 12:00
5-6 ½ Turn left step L fw (5), ½ Turn left step R back (6) 12:00
7&8 Step L back (7), Step R next L (&), Step L fw (8) 12:00

[9 – 17] Step, Step, ¼ Scissor, Rev. Rolling Turn, Drag, Together, Cross

1-2 Step R fw (1), Step L fw (2) 12:00
3&4 ¼ Turn left step R to right side (3), Step L next to R (&), Cross R over L (4) 9:00
5-7 ¼ Turn right step L back (5), ½ Turn right step R fw (6), ¼ Turn right step L to left side (7) 9:00
8&1 Drag R to L (8), Step R next to L (&), Cross L over R (1) 9:00

[18 – 24] ¼, ¼ Shuffle, Step, Sweep, Step, Sweep

2 ¼ Turn left step R back (2) 6:00
3&4 ¼ Turn left step L to left side (3), Step R next to L (&), Step L to L side (4) 3:00
5-8 Step R fw (5), Sweep L from back to front (6), Step L fw (7), Sweep R from back to front (8) 3:00

[25 – 32] ¼ Jazz Box, Twist/Swivel Out-In-Out, ¼ Sailor

1-4 Cross R over L (1), ⅛ Turn right step L back (2), ⅛ Turn step R to right side (3), Cross L over R (4) 6:00
5& Place ball of R to right side and twist hip CCW by swiveling both heels out to right side (5), Hold (&) 6:00
6& Twist hip CW swinging ball of R behind L and swivel right heel in to left side and left heel to center (6), Hold (&) 6:00
7 Twist hip CCW swinging ball of R to right side and swivel both heels out to right side (7) 6:00
8&1 ¼ Turn right sweeping R behind L (8), Small step L to left side (&), Step R fw (Count 1 of next wall) 9:00

Tag: After Wall 3 & 6 (3:00), do the following 32 counts (basically doing a 16-count pattern 2x)

[1 – 8] Toe Strut, Toe Strut, Boogie Walk

1-4 Step R toe fw (1), Step R heel down (2), Step L toe fw (3), Step L heel down (4)
Optional styling: Shimmy shoulders or wiggle knee as you step toe fw 3:00
5-8 Bend both knees and Boogie Walk fw R (5), L (6), R (7), L (8) 3:00

[9 – 16] ¼ Hip Bump R, Hip Bump L, Behind, ¼, Step, Step

1&2 ¼ Turn left step R to right side and bump hip right (1), Bump hip left (&), Bump hip right (2) 12:00
3&4 Step L to left side and bump hip left (3), Bump hip right (&), Bump hip left (4) 12:00
5 Step R behind L (5) 12:00
6-8 ¼ Turn left step L fw (6), Step R fw (7), Step L fw (8) 9:00

[17 – 24] Toe Strut, Toe Strut, Boogie Walk (see Counts 1- 8 above) 9:00

[25 – 29] ¼ Hip Bump R, Hip Bump L, Behind (see Counts 9 - 13 above) 6:00

[30 – 32] Side, Cross, ¼

6-8 Step L to left side (6), Cross R over L (7), ¼ Turn right step L back (8) 9:00
1 ¼ Turn right step fw on R (Count 1 of Wall 4 & 7) facing 12:00 12:00

Ending: On Wall 8, dance up to Count 14 (¼ Turn right step L to left side (7) facing 6:00), then Recover weight on R (8), Cross L over R (&), Unwind ½ turn right to face 12:00 (1)

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