

# Scream it Out

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**Count:** 36

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Francien Sittrop (NL) - November 2012

**Music:** More – Sandra van Nieuwland (Single, iTunes)

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## **Intro: Start after 36 counts from the beginning (24 sec)**

### **[1 – 8] Side, Behind, Cross, Side, Sailor ¼ Turn R, Lock Step fwd**

- 1 – 3 Step R Big step to R side, Step L behind R, Step R across L
- 4 Step L to L side
- 5 & 6 Sweep R behind L with ¼ Turn R, Step L to L side, Step R fwd (03.00)
- 7 & 8 Step L fwd, Lock R behind L, Step L fwd

### **[9-17] Push, Recover, Triple 1 ¼ Turn R , Syncopated Cross Rocks, Lockstep Back**

- 1 – 2 Push R fwd, Recover on L
- 3 & 4 ½ Turn R step R fwd, ½ Turn R step L back, ¼ Turn R step R to R side (on the spot) (06.00)
- 5 -6& Cross Rock L over R, Recover on R, Step L next to R
- 7 Step R across L
- 8 & 1 Step L back, Step R across L, Step L back

### **[18-25] Back, Coaster step Back, Step fwd, Sweep ½ R, Cross, Side Rock Recover Cross**

- 2 Step R back
- 3 & 4 Step L back, Step R next to L, Step L fwd
- 5 – 6 Step R little bit Diag R fwd , Sweep L fwd with ½ Turn R (12.00)
- 7 Step L across R
- 8 & 1 Rock R to R side, Recover on L, Step R across L

### **[26-32] Side, Behind Side Cross, Lunge Recover, Sweep Sailor ¼ L**

- 2 Step L to L side
- 3 & 4 Step R behind L, Step L to L side, Step R across L
- 5 – 6 Lunge L to L side, Recover on R
- 7 & 8 Sweep L behind R with ¼ Turn L, Step R to R side, Step L fwd \*\*R\*\* (09.00)

### **[33-36] Step Fwd, ½ L step fwd, Sweep ½ L, Touch**

- 1 – 2 Step R Fwd, ½ Turn L step L fwd (prep for ½ Turn L) (03.00)
- 3 – 4 Make ½ L on Ball of L Sweep R fwd , Touch R in front of L (09.00)

## **Start again**

**Restarts Wall: Wall 4 (facing the 12.00 wall) and Wall7 (Facing 03.00 Wall)  
after count 32 Start again with count 1.**

**Website:** [www.franciensittrop.nl](http://www.franciensittrop.nl)