

# Us Against The World

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Val O'Connor (UK) - March 2008

Music: Us Against the World - Westlife : (Album: Back Home)

## INTRO: 16 COUNTS (16 SECS)(BPM 119) START DANCE ON THE WORD "I"

### CROSS, 1/2 LEFT CROSS, L SIDE ROCK 1/4 RIGHT, STEP, FULL TRIPLE LEFT, ROCK, 1/4 LEFT, STEP

1- 2&3 Cross left over right, turn 1/4 left stepping back on right, turn 1/4 left stepping left to left side, cross right over left. [6]

4&5 Rock onto left to left side, turn 1/4 right stepping onto right, step forward on left. [9]

6&7 Turn 1/2 left stepping back on right, turn 1/2 left stepping forward on left, step forward onto right [9]

#### option Right shuffle forward.

&&1 Rock forward onto left (&), recover weight on right (8), turn 1/4 left stepping onto left (&), step forward on right (1). [6 o'clock]

### CROSS BACK TURN, CROSS ROCK SIDE, SMALL ROCKS, LEFT LOCK STEP

2&3 Cross left over right, step back on right, turn 1/4 left stepping left to left side. [3]

4&5 Cross rock right over left, recover weight onto left, step right to right side. [3]

6&7& Small rock back onto left (6), recover weight onto right (&), repeat rocks. [3]

8&1 Step forward on left (8), lock right behind left (&), step forward onto left at same time start to sweep right (1). [3 o'clock]

### WEAVE, LEFT BACK LOCK, FULL TRIPLE RIGHT BACK, SIDE ROCK CROSS, STEP BACK

2&3 Cross right over left, step left to left side, cross right behind left at same time start to sweep left. [3]

4&5 Step back on left, lock right in front of left, step back on left. [3]

6&7 Turn 1/2 right stepping forward on right, 1/2 right stepping back on left, 1/2 right stepping forward on right [9]

#### option: 1/2 Right shuffle turn.

&&1 Rock left to left side (&), recover weight on right (8), cross left over right (&), step back on right (1). [9]

### BACK, BACK, 1/2 TURN, ROCK 1/4 RIGHT, 1/2 RIGHT STEP BACK, 1/4 RIGHT SWAY, SWAY, STEP

2&3 Step back on left, step back on right, turn 1/2 left stepping forward on left. [3]

4&5 Rock forward onto right, recover weight onto left, turn 1/4 right stepping forward onto right. [6]

6-7-8-& Turn 1/2 right stepping back on left (6), turn 1/4 right swaying onto right (7), sway onto left (8), quick step right to right side (&).

## START AGAIN

### TAG: AT THE END OF WALL 2 (FACING 6 O CLOCK)

#### CROSS, SIDE ROCK CROSS, SIDE ROCK

1-2&3 Cross left over right, rock onto right to right side, recover weight on left, cross right over left. [6]

4& Rock onto left to left side, recover weight onto right. [6]

#### Restart from the beginning

RESTART: DURING 5TH WALL (2ND TIME FACING THE FRONT), Dance upto counts 16& (left lock) then on count one cross left over right and restart from the beginning.[3]

OPTION TO END DANCE: Dance first 1-2&3 then sweep left over right and step own on left and unwind 3/4 turn right slowly.

## ENJOY, VAL X

THIS DANCE IS DEDICATED TO MY DANCE INSTRUCTORS / FRIENDS MYRA AND SARAH FOR MAKING MY BIRTHDAY SUCH A MEMORABLE OCCASION, AND FOR THE TICKETS TO SEE WESTLIFE. X