

# Ami Oh

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**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Daniel Trepát & Pim van Grootel (April 2011)

**Music:** "Ami Oh", by African Connection

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**Dance starts after 32 counts**

## **2X CROSS SAMBA'S, 4X WALKS TURNING $\frac{3}{4}$ TURN L**

1 RF Cross over LF  
& LF Step to left side  
2 RF Recover weight  
3 LF Cross over RF  
& RF Step to right side  
4 LF Recover weight  
5 – 8 Walk R, L, R, L while making  $\frac{3}{4}$  turn left

## **SYNCOPATED COMPRESSED ROCKSTEPS, 4X SMALL HOP FWD**

1 RF Step to right side bending both knees  
& LF recover weight  
2 RF Step next to LF  
3 LF Step to left side bending both knees  
& RF Recover weight  
4 LF Step next to LF  
5 Small hop forward with feet apart  
(knees are bend again)  
6 – 8 Small hop forward wih feet apart and you keep the knees bend

## **SYNCOPATED ROCKSTEPS, STEP, HOLD, SHUFFLE R**

1 RF Rock to right side  
2 LF Recover weight  
& RF Step next to LF  
3 LF Rock to left side  
4 RF Recover weight  
& LF Step next to RF  
5 RF Step to right side  
6 Hold  
& LF Step next to RF  
7 RF Step to right side  
& LF Step next to RF  
8 RF Step to right side

## **JAZZBOX, CROSS, BOUNCE FWD, BOUNCE BACK**

1 LF Cross over RF  
2 RF Step back  
3 LF Step to left side  
4 RF Cross over LF  
5 LF Step forward and bounce (bend knee)  
& LF Stretch leg  
6 LF Bounce (bend knee)  
& LF Stretch leg  
7 RF Step back and bounce (bend knee)  
& RF Stretch leg  
8 RF Bounce (bend knee)  
& LF Recover next to RF