

Salt

Count: 64

Wall: 2

Level: Advanced

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Music: Salt - Ava Max

Note : Restart in wall 5 after count 40&

Info : Intro 16 counts

Side, Touch 1/8 Turn L(Foot Chang), Forward, Lockstep, Cross Samba 1/8 R, Cross Shuffle

1,2,3 RF. Step R to R Side - LF. Touch L Next to R Turn 1/8 L(Put Weight on L) - RF. Sept Forward
4&5 LF. Step Forward - RF. Close R behind L - LF. Step Forward(10:30)
6&7 RF. Cross Over L - LF. Step L to L side 1/8 R - RF. Recover(12:00)
8&1 LF. Cross Over R - RF. Step R to R Side - LF. Cross Over R

Side, Recover,Sailor Cross 1/2 Turn R,Hold,Side,Cross Shuffle

2,3 RF. Step R to R Side - LF. Recover
4&5 RF. 1/2 turn R Cross behind L - LF. Step L to L Side - RF. Cross Over L(6:00)
6,& Hold - LF. Step L to L side
7&8 RF. Cross Over L - LF. Step L to L Side - RF. Cross Over L(7&8 Hip movement)_

Step Back 1/4 R, Close, Walk, Walk, Lockstep fwd, Step Fwd. Touch behind. Behind Side Cross

&1 LF. Step 1/4 turn R - RF. Close beside RF (9.00)
2-3 LF. Step fwd - RF. Step fwd
4&5 LF. Step fwd - RF. Lock behind RF - LF. Step fwd
&6-7 RF. Step fwd- LF touch behind RF - LF. Step back & sweep RF from front to back
8&1 RF. Cross behind LF - LF. Step to L - RF. Cross over LF

Sway L-R, Cross Behind, 1/4 R step Fwd, Step Fwd, Move Hipp fwd, Move Hipp Back, Mambo Step Back

2-3 LF. Sway L - RF. Sway R
4&5 LF. Cross behind RF - RF. 1/4 turn R step fwd - LF. Step fwd(12:00)
6-7 RF. Push hip fwd - LF. Push hip back
8&1 RF. Step fwd - LF. Recover - RF. Step Back

Step Back, 1/2 Turn R Step Fwd, Step Fwd, Step Fwd, Recover, Out, Out, Flick Back, Chasse R

2&3 LF. Step Back - RF. 1/2 turn R step fwd - LF. Step fwd (6:00)
4-5 RF. Step fwd - LF. Recover
&6-7 RF. Out to the R - LF. Out to the L - RF. Flick RF behind LF
8&1 RF. step R to R side - LF. step L next to R - RF. step R to R side **** restart in wall 5

Step Back, Recover, Step 1/8 Left, Hold, Ball Step, Step 1/4 L Turn, Hold, Ball Step, Step 1/4 L Turn, Mambo Step, Step Back

2&3 LF. step back - RF. Recover - LF. 1/8 turn L step fwd(3:00)
4&5 Hold - RF. step ball next to L - LF, 1/4 turn L step fwd(1:30)
6&7 Hold - RF. Step ball next to L - LF. 1/4 turn L step fwd(12:00)
8&1 RF. step fwd - LF. Recover - RF. Step back(10:30)

Hold, Step Back, Recover, Lockstep L, 7/8 Spiral Turn L, Chasse L

2&3 Hold(Drag) - LF. Step back - RF. Recover
4&5 LF. step fwd - RF. Lock behind R - LF. Step fwd
6-7 RF. Step fwd - LF. 7/8 Spiral turn L(Weight on RF)(12:00)
8&1 LF. step L to L side - RF. Step R next to L - LF. Step L to L side

Cross Over, Recover, Step Side, Sway L, Sway R, 1/2 Modified Diamond Turn L

2&3 RF. Cross over L - LF. Recover - RF. step R to R side
4-5 LF. Sway L - RF. Sway R
6&7 LF. Cross over R - RF. 1/8 turn L step back - LF. Step back(10:30)
8&1 RF. Step back - LF. 3/8 turn L Foot Change(Weight on LF) - RF. Step to R Side

***** Restart in wall 5 after count 40&**

Last Update - 20 Sept. 2020