

# It's a Heartache

Count: 64

Wall: 4

Level: Phrased Beginner

Choreographer: Sally Hung, Taiwan (Feb 2012)

Music: It's a Heartache by Rod Stewart

Dance starts after 16 counts - Sequence of Dance: ABAB(24)B(24)/ABAB(24)B(24)/ABA

## AI. L & R FORWARD SCUFF, ¼ TURN R JAZZ BOX

1-2 Step R forward, brush L  
3-4 Step L forward, brush R  
5-6 ¼ turn R stepping R across L, step L back  
7-8 Step R to right side, step L next to R

## AII. MONTEREY ¼ TURN RIGHT, R & L SAILOR STEP

1-2 Point R to right side, step R together  
3-4 Turning ¼ R point L to left side, step L together  
5&6 Step R behind L, step L to left side, step R to right side  
7&8 Step L behind R, step R to right side, step L to left side

## AIII. VINE R, STEP ACROSS, BACK LOCK, BACK TOUCH

1-2 Step R to right, step L behind R  
3-4 Step R to right, step L across R  
5-6 Step back on R, lock step L in front of R  
7-8 Step back on R, touch L beside R

## AIV. VINE L, SCUFF FORWARD, STEP LOCK, STEP TOUCH

1-2 Step L to left, step R behind L  
3-4 Step L to left, scuff R forward  
5-6 Step R forward, lock step L behind R  
7-8 Step forward on R, touch L beside R

## BI. FWD BIG STEP L, FWD BIG STEP R, ¼ TURN R JAZZ BOX

1-2 Step fwd on R, big step touch L to the L  
3-4 Step fwd on L, big step touch R to the R  
5-6 ¼ turn R crossing R over L, step L back  
7-8 Step R to right side, step L next to R

## BII. ¼ TURN R, STEP LOCK, STEP TOUCH, ½ TURN L, STEP LOCK, STEP TOGETHER

1-2 ¼ turn R stepping R forward, lock step L behind R  
3-4 Step forward on R, touch L beside R  
5-6 ½ turn L stepping L forward, lock step R behind L  
7-8 Step R forward, step L together

## BIII. R KICK-BALL-CHANGE X2, L HALF TURN WALKING

1&2 Kick R forward, step R back, step R in place  
3&4 Kick R forward, step R back, step R in place  
5-8 walk R, L, R, L make a half turn L

## BIV. R CROSS ROCK, SIDE TOUCH, ¼ TURN R SIDE TOUCH, SIDE TOGETHER

1-2 Cross rock R over L, rock back onto L  
3-4 Step R to R, touch L beside R  
5-6 ¼ turn R stepping L to L, touch R beside L  
7-8 Step R fwd, step L together

Happy dancing!

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