

# Down On Your Uppers

**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Carrie Ann Green (Almeria, Spain) 1st October 2017

**Music:** Down On Your Uppers – Derek Ryan – Album: The Fire – iTunes

**Intro: 8 Counts - Restart - wall 4**

**SECTION 1: POINT OUT, IN, OUT, BEHIND, SIDE, CROSS. POINT OUT, IN, OUT, SAILOR ¼**

1&2            Point right toe to right side, touch right toe beside left foot, point right toe to right side  
3&4            Step right foot behind left foot, step left foot left side, cross right foot over left  
5&6            Point left toe to left side, touch left toe beside right foot, point left toe to left side  
7&8            Cross Left behind Right turning ¼ Left. Step Right beside Left. Step forward on Left (9:00)

**SECTION 2: RIGHT LOCK RIGHT, MAMBO FORWARD, COASTER STEP, ROCK RECOVER ½ LEFT**

1&2            Step right forward, lock left behind right (optional dip knees), Step right forward  
3&4            Rock left forward, recover to right, Step left back  
5&6            Step right back, step left together, Step right forward  
7&8            Rock left forward, recover right, ½ turn left stepping left forward (3.00)

**RESTART HERE ON WALL 4 – FACING 12:00**

**SECTION 3: MODIFIED RUMBA BOX x 2, ¼ RIGHT HITCH**

1&2&            Step right to right side, step left next to right, Step forward on right, touch left next to right  
3&            Step left to left side, touch right next to left (optional finger clicks on touch)  
4&            Step right to right side, touch left next to right (optional finger clicks on touch)  
5&6&            Step left to left side, step right next to left, Step back on left, touch right next to left  
7&            Step right to right side, touch left next to right (optional clicks on touch)  
8&            Step left to left side, hitch right knee making ¼ turn right (optional clicks on hitch) (6:00)

**SECTION 4: SHUFFLE FORWARD, STEP TURN ¾ STEP, TOE STRUT X 2, KICKBALL STEP**

1&2            Shuffle forward Right, stepping Right,Left,Right  
3&4            Step Forward on left, pivot ¾ turn right, step forward left (3.00)  
5&            Step forward on Right Toe, Lower Right Heel  
6&            Step forward on Left Toe, lower Left heel  
7&8            Kick Right forward, step on ball of right next to left, step left forward taking weight

**\*1 Restart: on Wall 4 - dance sections 1 & 2 then restart the dance facing 12:00**

**Ending: you will finish on section 4 on the kickball Step facing 6:00 - pivot ½ turn left to face the front**

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**Last Update - 9th Oct. 2017**