

# Animal In Me

**Count:** 48

**Wall:** 4

**Level:** Improver

**Choreographer:** Stella Kim (June 2016)

**Music:** Animal in Me by Guy Sebastian

## **Intro: 16 counts**

### **SEC 1: (TOE TOUCH, SCUFF, FORWARD) X2, ROCK FORWARD, RECOVER, 1/2 TURN FORWARD SHUFFLE**

1&2 RF side toe touch (knee in), RF scuff, RF forward  
3&4 LF side toe touch (knee in), LF scuff, LF forward  
5-6 RF rock forward, LF recover  
7&8 1/4 turn R with RF side, LF together, 1/4 turn R with RF forward(6:00)

### **SEC 2: (TOE TOUCH, SCUFF, FORWARD) X2, ROCK FORWARD, RECOVER, 1/4 TURN SIDE ROCK, RECOVER, SIDE**

1&2 LF side toe touch (knee in), LF scuff, LF forward  
3&4 RF side toe touch (knee in), RF scuff, RF forward  
5-6 LF rock forward, RF recover  
7&8 1/4 turn L with LF side rock, RF recover, LF side(3:00)

### **SEC 3: ROCK BACK, RECOVER, BACK WITH SWEEP, ROCK BACK, RECOVER, ROCK BACK, RECOVER, 1/4 TURN BACK WITH SWEEP, ROCK BACK, RECOVER**

1&2 RF rock back, LF recover, RF back and LF sweep from front to back  
3-4 LF rock back, RF recover  
5&6 LF rock back, RF recover, 1/4 turn R and LF back and RF sweep from front to back  
7-8 RF rock back LF recover(6:00)

### **SEC 4: (CROSS, BACK, BACK) X2, 1/4 TURN JAZZ BOX, FORWARD**

1&2 RF cross over LF, LF diagonal back, RF diagonal back  
3&4 LF cross over RF, RF diagonal back, LF diagonal back  
5-8 RF cross LF, 1/4 turn R with LF back, RF side, LF forward(9:00)

**\*Restart here – wall 5**

### **SEC 5: TOE TOUCH, REPLACE, TOE TOUCH, HIP UP AND DOWN, SAILOR STEP, ROCK BACK, RECOVER**

1&2 RF forward toe touch, RF replace and weight change to RF, LF forward toe touch  
3&4 hold, L hip up, L hip down  
5&6 LF cross behind RF, RF slight side, LF side  
7-8 RF rock back, LF recover(9:00)

### **SEC 6: REPEAT THE SECTION 5**

**RESTART: On the 5th wall, you should dance until 32counts and start again**

**Contact ~ E-MAIL: [sktelkmh@naver.com](mailto:sktelkmh@naver.com) - <http://www.youtube.com/user/thetrianglelinedance>**