

I Believe In Woman



Choreographers : Dirk Leibing
Level : intermediate
Dance : 32 counts – 2 Wall
Music : Slade – My Oh My
Intro : 16 counts (~14 sec.)

No Tag, No Restart

(I) Cross, Cross, Weave, Cross Rock, Side, Back, Back, Basic right

1-2& Step RF forward across LF(Prizzy Walk)(1), Step LF forward across RF(2), Step RF right(&)
3&4& Step LF behind RF(3), Step RF right(&), Cross rock LF in front of RF(4), Recover on RF(&)
5-6& Slide LF left(5), Step RF diagonally back(6)(1:30), Step LF back(&)
7-8& Slide RF right turning to 3:00(7), Step LF behind RF(8), Cross RF in front of LF(&)

(II) Spiral Turn $\frac{3}{4}$, Run, Run, Rocking Chair, Turn $\frac{1}{2}$ left, Behind, Side, Cross, Cross, Side

1 Spiral Turn $\frac{3}{4}$ right(1)(12:00)
2& Step RF forward(2), Step LF forward(&)
3&4& Rock RF forward(3), Recover on LF(&), Rock RF back(4), Recover on LF(&)
5 Turn $\frac{1}{2}$ left stepping RF back while Sweeping LF from front to back(5)(6:00)
6&7 Step LF behind RF(6), Step RF right(&), Cross LF in front of RF while Sweeping RF from back to front(7)
8& Cross RF in front of LF(8), Step LF left(&)

(III) Diagonally Rock back, Turn, Rock back, 2 x Basic(R+L)

1-2& Rock RF diagonally back(1)(7:30), Recover on LF(2), Turn $\frac{1}{2}$ left stepping RF back(&)(1:30)
3-4& Rock LF diagonally back(3)(1:30), Recover on RF(4), Step LF forward(&)
5-6& Turn $\frac{1}{8}$ left to 12:00 and Slide RF right(5), Step LF behind RF(6), Cross RF in front of RF(&)
7-8& Slide LF left(7), Step RF behind LF(8), Cross LF in front of RF(&)

(IV) Turn $\frac{1}{4}$, Step, Turn $\frac{1}{2}$, Step, 2x Turn $\frac{1}{2}$, Turn $\frac{1}{4}$, Basic, Behind, Side

1 Turn $\frac{1}{4}$ right stepping RF forward(1)(3:00)
2&3 Step LF forward(2), Turn $\frac{1}{2}$ right on balls of both feet(&)(9:00), Step LF forward(3)(Prep!)
4&5 Turn $\frac{1}{2}$ left(4)(3:00), Turn $\frac{1}{2}$ left(&)(9:00), Turn $\frac{1}{4}$ left into a right Basic(6:00)(5)
6&7 Step LF behind RF(6), Cross RF in front of LF(&), Step LF left(7)
8& Step RF behind LF(8), Step LF left(&)

Start again

In wall 7 there is a break in the music, don` t stop dancing.

In wall 9 the dance will end after the rocking chair in Section II, do a right step forward and TADA, you made it 😊

Have Fun

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