

“Country Linedancer”



Sail With Me

Choreographer: Silvia Schill

Music: Islands in the Stream (Workout Remix) by Power Music Workout

32 count, 4 wall, beginner line dance; 0 restarts, 0 tags

The dance begins after 32 beats with the vocals

S1: Back 2, rock back, step, point l, step, point r

- 1-2 2 steps back (r - l)
- 3-4 Step back with right - weight back on the LF
- 5-6 Step forward with right - tap the left toe to the left
- 7-8 Step forward with left - tap the right toe to the right

S2: Jazz box turning ¼ r, side, touch/clap r + l

- 1-2 Cross RF over left - ¼ turn right and step back with left (3 o'clock)
- 3-4 Step right with right - step forward with left
- 5-6 Step right with right - touch LF next to right/clap
- 7-8 Step left with left - touch RF next to left/clap

S3: Out, out, in, in (V-steps) 2x

- 1-2 Step to diagonal right in front with right - small step to left with left
- 3-4 Step back to the starting position on the right - move LF next to right
- 5-8 Like 1-4

S4: Vine r + l

- 1-2 Step right with right - cross LF behind right
- 3-4 Step right with right - touch LF next to right
- 5-6 Step left with left - cross RF behind left
- 7-8 Step left with left - touch RF next to left

Repeat to the end

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

Country Linedancer Berlin-Brandenburg e. V.

www.country-linedancer.de