

These Hands EZ

Count: 32

Wall: 2

Level: Beginner

Choreographer: K. Sholes (USA) - October 2017

Music: These Hands - The Railers

Section 1: Heel dig, Step, Hold X2

1-4 Step R heel forward, Twist R toes to right, Step R next to L, Hold,
5-8 Step L heel forward, Twist L toes to left, Step L next to R, Hold.

Section 2: 1/4 Turn Cross Weave, Mambo, Hold

1-4 Cross R over L, Step L to side, Step R behind, Step L 1/4 Turn left,
5-8 Rock R forward, Recover L, Step R back, Hold.

Section 3: 1/4 Turn K-Step

1-4 Step L diagonally left, Touch R next to L, Step R back, Touch L next to R,
5-8 Step L 1/4 left, Touch R next to L, Step R back, Touch L next to R.

Section 4: Kick, Kick, Step, Hold, Kick, Kick, Stomp Stomp

1-4 Kick L forward, Kick L to side, Step L next to R, Hold,
5-8 Kick R forward, Kick R to side, Stomp R, Stomp L.

(Kicks in section #4 can be changed to touches)

Begin Again! Enjoy!