

PANIC

Choreographer: Jesús Moreno Vera

Description: 32 counts, 4 Walls, 1 restart, level newcomer

Music: High Hopes by Panic! At The Disco

• On walls 3, 6 and 7, dance gently

intro 16 counts

TOE HEEL STOMP x2, ROCKING CHAIR, SHUFFLE FWD

01. Mark right toe to the side.
& Mark heel right foot to the side.
02. Stomp front with right foot.
03. Mark left toe to the side.
& Mark heel left foot to the side
04. Stomp front with left foot.
05. Rock in front with right foot.
& Recover weight on left foot
06. Rock back with right foot.
& Recover weight in left foot.
07. Step forward with right foot.
& Step forward with left foot.
08. Step forward with right foot.

TOE HEEL STOMP x2, ROCKING CHAIR, STEP TURN $\frac{1}{4}$ STOMP

01. Mark left toe to the side.
& Mark heel left foot to the side.
 02. Stomp front with left foot.
 03. Mark right toe to the side.
& Mark heel right foot to the side.
 04. Stomp front with right foot.
 05. Rock in front with left foot.
& Regain weight in right foot.
 06. Rock back with left foot.
& Regain weight in right foot.
 07. Step forward with left foot.
& Turn $\frac{1}{4}$ turn to the right. (3:00)
 08. Stomp with left foot next to the right.
- * HERE, AT THIS POINT ON WALL 3, WE RESET THE DANCE.**

SCISSOR, CHASSE TURN $\frac{1}{4}$, STEP TURN $\frac{1}{2}$, MAMBO FWD

01. Step with right foot to the side.
& Step with left foot next to the right.
02. Cross right foot in front of left.
03. Step with left foot to the side.
& Step with right foot to the left side.
04. Turn $\frac{1}{4}$ to the left and step forward with left foot. (12:00)
05. Step forward with right foot.
& Turn $\frac{1}{2}$ turn to the left. (6 o'clock)
06. Step forward with right foot.
07. Rock in front with left foot.
& Regain weight in right foot.
08. Step with left foot next to the right.

COASTER STEP, SHUFFLE FWD, ROCKING CHAIR, LONG STEP TURNING $\frac{1}{4}$, DRAG

01. Step back with right foot.
& Step with left foot next to the right.
02. Step forward with right foot.
03. Step forward with left foot.
& Step with right foot to the left side.
04. Step forward with left foot.
05. Rock in front with right foot.
& Recover weight in left foot.
06. Rock back with right foot.
& Recover weight in left foot.
07. Turn $\frac{1}{4}$ turn to the left and long step with right foot to the side. (3:00)
08. Drag with left foot until equal. (weight on left foot)