

Put a LIME in it!

COUNT: 32 WALL: 4 LEVEL: High Beginner

CHOREOGRAPHER: Val Saari, (Canada, November, 2019)

MUSIC: Lime In It, Leaving Thomas

Begin on the downbeat, one count before the words "I swear"

HEEL SWITCHES RL, KICK-BALL CHANGE 1/4 TURN L, HEEL TWISTS RL

1-4 Touch R Heel forward on floor, Step RF beside L, Touch L Heel forward on floor, Step LF beside R

5&6 Kick RF forward, bring back in place, LF step forward 1/4 turn Left

7-8 Twist heels right, Twist heels left

LINDY RIGHT, STEP HOOKS BEHIND

1&2 Shuffle right, RLR

3-4 Rock back on LF, Recover on RF

5-6 LF Step left, RF hook behind L

7-8 RF Step right, LF hook behind R

LINDY LEFT, RF ROCKING CHAIR

1&2 Step LF left, Step RF beside L, Step LF left

3-4 Rock RF behind L, Recover LF

5-6 Rock RF forward, Recover Left

7-8 Rock RF back, Recover Left

RF SHUFFLE FWD, STEP PIVOT 1/2 R, LF SHUFFLE FWD, SWAY RL

1&2 Step RF forward, Step LF beside R, Step RF forward

3-4 Step LF forward, Pivot 1/2 R

5&6 Step LF forward, Step RF beside L, Step LF Forward

7-8 Step RF to right and sway, Sway left (weight on LF)

REPEAT

No tags, no restarts