



PICK YOU UP

Description

Level

Music

Choreography from

32 counts, 4 walls, 1 restart, Line Dance

Beginner

Pick You Up by LANCO (Hallelujah Nights - 2018) [82 bpm]

Nolwenn BERTIN (March 2018)

Start after 16 counts

SWAY, RIGHT TRIPLE, LEFT CROSS ROCK, LEFT TRIPLE ¼ LEFT

- 1 - 2 Right sway on right side, recover
- 3 & 4 Right triple on right side (R-L-R)
- 5 - 6 Left cross rock over right foot, recover
- 7 & 8 Left triple forward with ¼ turn left (L-R-L)

9 :00

Restart: wall 6, start the dance again from the beginning

LOCK STEP FORWARD RIGHT & LEFT, RIGHT MAMBO FORWARD, WALK BACK LEFT & RIGHT

- 1 & 2 Right lock triple forward (R-L-R)
- 3 & 4 Left lock triple forward (L-R-L)
- 5 & 6 Right Mambo forward
- 7 - 8 Walk back left foot, walk back right foot

LEFT COASTER STEP, ROCK ¼ CROSS, LEFT FORWARD, RIGHT TOUCH, RIGHT BACKWARD, LEFT KICK, BEHIND SIDE CROSS

- 1 & 2 Left Coaster step
- 3 & 4 Right Rock step forward with ¼ turn left ending right crossed over left
- 5 & 6& L in L diagonal forward & touch R close to L, R backward & L kick forward
- 7 & 8 Left behind side cross

6:00

RIGHT POINT X2, BEHIND SIDE CROSS ¼ LEFT, LEFT CROSS UNWIND ½ RIGHT, HIP BUMPS L&R

- 1 & 2 Right point to right side & touch next to L, right point to right side
- 3 & 4 Right behind side cross with ¼ turn left (end Right forward)
- 5 - 6 Cross Left over Right, unwind ½ turn right (recover on right)
- 7 - 8& Hip bumps Left & Right & recover on left

3:00

9 :00



START AGAIN AND HAVE FUN !



Memo

R.	Right	Fwd	Forward
L.	Left	Bwd	Backward
BCh	Ball Change	Tch	Touch