



HITS ME

Choreographer : Marianne Langagne (Fr) (20.06.2022)
Walls : 4 Walls
Counts : 32 Counts – 2 Restarts (3rd & 7th walls)
Level : Improver
Music : Hits Me – Lindsay Ell (96 Bpm)
Intro : 16 Counts . Start on the word “ going ” (Ain't supposed to be GOING out)

S 1 CROSS, SIDE, BEHIND, SIDE ,CROSS, L PRESS ¼ TURN L, RECOVER ½ TURN R, TRIPLE ¾ TURN R

1-2 Cross RF over LF, LF to the L
3&4 Cross RF behind LF, LF to the L, Cross RF over LF
5-6 Plant Fwd L in ¼ turn to L bending slightly on the Knee (9:00), Return to RF in ½ turn to R (3:00)
7&8 LF Back in ½ turn to R (9:00), RF to R in ¼ turn to R (12:00), LF next to RF (weight on LF)

S 2 SIDE ROCK, CROSS, BACK OUT-OUT, WALK L-R-L, ANCHOR STEP

1-2 RF to R, Recover on LF
3&4 Cross RF over LF, LF Back slightly to L, RF to R
5-6 LF Fwd, RF Fwd
7&8 LF over RF, Weight on RF, Weight on LF
- HERE RESTARTS 3rd Wall (Facing 6:00) & 7th mur (Facing 9:00)

S 3 ROCK STEP, TRIPLE ¾ TURN R (ARC), LOCK,BACK, BEHIND, BACK LOCK BACK

1-2 RF Fwd, Recover on LF
3&4 RF Fwd in ½ turn R, Together, RF Fwd in ¼ turn R (Forming Arc) 9:00
5-6 Cross LF over RF, RF Back
7&8 LF Back, Cross RF over LF, LF Back

S 4 BACK R-L (WITH KNEE POP), COASTER CROSS WITH ¼ TURN R, SIDE ROCK, ¼ TURN L/CLOSE, TOUCH SWITCHES (KNEE IN)

1-2 RF Back bending L Knee, LF Back bending R Knee
3&4 RF Back, Together, Cross RF over LF in ¼ turn to R 12:00
5-6 LF to L, Recover on RF
& Together with pivot ¼ turn to L on ball R (weight on LF) 9:00
7&8 Touch RF next to LF, R Heel down, Touch LF next to RF (knees turned inward)
& L Heel down

ENJOY !!!!

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