

# HOW TO FORGET

Music	How to Forget (Jason Isbell)
Choreographers	Flo Moresteps & Montana Mag (November 2017 – France)
Description	64 counts – 2 walls – 1 tag
Level	Low Intermediate
Intro	16 counts

*Tip: For sections 1 to 4, you always turn right, except for count 5, sections 2 and 4 where you turn left.*

## **SCT 1: Cross, Back, 1/4 Chassé forward, Step Pivot 1/2, Chassé forward**

1 – 2	Cross RF over LF, Step LF back	
3 & 4	1/4 turn right stepping RF fwd, Step LF next to RF, Step RF fwd	[3:00]
5 – 6	Step LF fwd, 1/2 turn right	[9:00]
7 & 8	Step LF fwd, Step RF next to LF, Step LF fwd	

## **SCT 2: Side Chassé, 1/2 turn Side Chassé, 1/4 turn Side Chassé, 1/2 turn Side Chassé**

1 & 2	Step RF to the right side, Step LF next to RF, Step RF to the right side	
3 & 4	1/2 turn right stepping LF to the left side, Step RF next to LF, Step LF to the left side	[3:00]
5 & 6	1/4 turn left stepping RF to the right side, Step LF next to RF, Step RF to the right side	[12:00]
7 & 8	1/2 turn right stepping LF to the left side, Step RF next to LF, Step LF to the left side	[6:00]

## **SCT 3 = SCT 1**

*(starts facing 6:00, ends facing 3:00)* [3:00]

## **SCT 4 = SCT 2**

*(starts facing 3:00, ends facing 12:00)* [12:00]

## **SCT5: Cross Rock, 1/4 Turn Side, Cross, Side, Cross Back Rock, Side**

1 – 2	Cross RF over LF, Recover on LF	
3 – 4	1/4 turn right stepping RF to the right side, Cross LF over RF	[3:00]
5 – 6	Step RF to the right side, Rock LF behind RF	
7 – 8	Recover on RF, Step LF to the left side	

## **SCT 6: Cross Rock Back, 1/4 Turn Side, Behind, Side, Cross Rock, Side**

1 – 2	Cross RF behind LF, Recover on LF	
3 – 4	1/4 turn left stepping RF to the right side, Cross LF behind RF	[12:00]
5 – 6	Step RF to the right side, Rock LF over RF	
7 – 8	Recover on RF, Step LF to the left side	

## **SCT7: Step x2, Step Pivot 1/2, 1/2 Back, Slow Coaster step**

1 – 2	Step RF forward, Step LF forward	
3 – 4	Step RF forward, 1/2 turn left stepping LF forward	[6:00]
5 – 6	1/2 turn left stepping RF backward, step LF back	[12:00]
7 – 8	Step RF next to LF, Step RF forward	

## **SCT8: Rock Forward, Chassé 1/2, Step, Touch, Kick-Ball-Step**

1 – 2	Rock RF forward, Recover on LF	
3 & 4	1/4 turn right stepping RF to the right side, LF next to RF, 1/4 turn right stepping RF forward	[6:00]
5 – 6	Step LF forward, Touch RF next to LF	
7 & 8	Kick RF, Step RF next to LF, Step LF forward	

## **TAG: END OF WALL 3 facing [6:00]**

### **TAG: K-Step**

1 – 2	Step RF to the right front diagonal, Touch LF next to RF
3 – 4	Step LF to the left back diagonal, Touch RF next to LF
5 – 6	Step RF to the right back diagonal, Touch LF next to RF
7 – 8	Step LF to the left front diagonal, Touch RF next to LF