

RUN TO THE HILLS

Choreographer: Kim Liebsch (Denmark)



Type of dance: 80 counts, (A: 48 counts- B: 32 counts) 2 walls, line dance (Marts 2022)
Level: Phrased Intermediate
Music: Run To The Hills by Klara Hammerström (2:55)
Intro: 16 counts after first beat (appr. 10 seconds)
 Start with weight on L foot
Sequense: A-tag 1- B-B-restart- A- tag 1- B-B-B-tag 2- B- B
3 Tags: 1) After first A (12:00)- 2) After second A (6:00)- 3) After fifth B (12:00)
Decription Tag 1: Rocking chair.
Tag 2: Rocking chair, side rock, ¼ turn side rock, jazzbox ¼ turn.
1 Restart: In second B after 20 counts, make ¼ turn to restart at 6:00

Counts A Pattern	Footwork (page 1 of 2)	End facing
1 section	Step with sweep step, rock recover back with sweep, back back, step ½ turn step	
1-2	Step fw. R while sweeping L, step fw. L	12:00
3&4	Rock fw. on R, recover on L, step back on R while sweeping L	12:00
5-6	Step back on L, step back on R	12:00
7&8	Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L	6:00
2 section	Step with sweep step, rock recover back with sweep, back back, step ½ turn touch	
1-2	Step fw. R while sweeping L, step fw. L	6:00
3&4	Rock fw. on R, recover on L, step back on R while sweeping L	6:00
5-6	Step back on L, step back on R	6:00
7&8	Step fw. on L, make ½ turn R stepping fw. on R, touch L next to R	12:00
3 section	Scissor step step side, cross rock, ¼ turn touch	
1-2	Step L to L side, step R next to L	12:00
3-4	Cross L over R, step R to R side	12:00
5-6	Cross L over R, recover on R	12:00
7-8	Make ¼ turn L, stepping fw. on L, touch R next to L	9:00
4 section	Scissor step step side, cross rock, ¼ turn touch	
1-2	Step R to R side, step L next to R	9:00
3-4	Cross R over L, step L to L side	9:00
5-6	Cross R over L, recover on L	9:00
7-8	Make ¼ turn R, stepping fw. on R, touch L next to R	12:00
5 section	Scissor step step side, cross rock, ¼ turn touch	
1-2	Step L to L side, step R next to L	12:00
3-4	Cross L over R, step R to R side	12:00
5-6	Cross L over R, recover on R	12:00
7-8	Make ¼ turn L, stepping fw. on L, touch R next to L	9:00
6 section	Side rock , behind ¼ turn, step ½ turn, walk walk	
1-2	Rock R to R side, recover on L	9:00
3-4	Cross R behind L, make ¼ turn L stepping fw. on L	6:00
5-6	Step fw. on R, make ½ turn L stepping fw. on L	12:00
7-8	Walk fw. R, walk fw. L	12:00

Counts B Pattern	Footwork	(page 2 of 2)	End Facing
1 section	Rock recover, shuffle back, back rock, shuffle ½ turn		
1-2	Rock fw. on R, recover on L		12:00
3&4	Step back on R, step L next to R, step back on R		12:00
5-6	Rock back on L, recover on R		12:00
7&8	Make ¼ turn R stepping L to L side, step R next to L, make ¼ turn R stepping back on L		6:00
2 section	Shuffle ½ turn, step ¼ turn, cross side, sailor with a heel		
1&2	Make ¼ turn R stepping R to R side, step L next to R, make ¼ turn R stepping fw. on R		12:00
3-4	Step fw. on L, make ¼ turn R stepping R to R side		3:00
5-6	Cross L over R, step R to R side		3:00
7&8	Cross L behind R, step R to R side, point L heel to L side		3:00
3 section	Ball cross hold, ball cross side, touch ¼ turn, ¼ turn with touch step side		
&1-2	Step L next to R, cross R over L, hold		3:00
&3-4	Step L next to R, cross R over L, step L to L side		3:00
5-6	Touch R next to L, make ¼ turn R stepping fw. on R		6:00
7-8	Make ¼ turn R while touching L to R, step L to L side		9:00
4 section	Behind side, cross shuffle, rock (slightly diagonal) recover, ¼ turn touch		
1-2	Cross R behind L, step L to L side		9:00
3&4	Cross R over L, step L to L side, cross R over L		9:00
5-6	Rock L slightly diagonal fw. recover on R		9:00
7-8	Make ¼ turn L stepping L to L side, touch R next to L		6:00

GOOD LUCK & N'JOY