

# Strong Women

Choreographers: The Pixie Dusters – Claire Bell (UK), Pat Stott (UK), Julie Carr (UK), Lesley Kidd (UK), Julie Snailham (ES) & Rob Fowler (ES) & I.C.E. – August 2020

Counts: 64 - Walls: 2 - Level: Intermediate (1 Restart with step change – Wall 3)

Music: Whiskey Drinkin' Woman by Kezia Gill (feat. Sarah Jory) - 3m 22s

BPM: 106 (approx.) - Intro: 8 counts from the main beat (approx. 15 secs)

- S1**      **R Heel Grind  $\frac{1}{4}$  R, R Coaster, L Heel Grind  $\frac{1}{4}$  L, L Coaster**
- 1,2      Rock fwd R heel twisting R toe from L to R making  $\frac{1}{4}$  turn R, recover weight to L      (3:00)
- 3&4      Step back on R, close L next to R, step forward on R
- 5,6      Rock fwd L heel twisting L toe from R to L making  $\frac{1}{4}$  turn L, recover weight to R      (12:00)
- 7&8      Step back on L, close R next to L, step forward on L
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- S2**      **Rock Fwd R, Recover,  $1\frac{1}{2}$  Turn R, Rock Fwd L, Recover,  $\frac{3}{4}$  Triple Turn L**
- 1,2      Rock fwd on R, recover on L
- 3&4       $\frac{1}{2}$  turn R stepping R fwd,  $\frac{1}{2}$  turn R stepping L back,  $\frac{1}{2}$  turn R stepping R fwd      (6:00)
- (easier option: triple  $\frac{1}{2}$  turn R)*
- 5,6      Rock fwd on L, recover on R
- 7&8       $\frac{1}{4}$  turn L stepping L to L side,  $\frac{1}{4}$  turn L stepping R next to L,  $\frac{1}{4}$  turn L stepping L fwd      (9:00)
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- RESTART:**      **During Wall 3, replace the  $\frac{3}{4}$  triple turn L at counts 7&8 with  $\frac{1}{2}$  triple turn L, then RESTART the dance facing 12:00**
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- S3**      **Switches R & L, R Kick, Step R, Touch L Back,  $\frac{1}{2}$  Turn L,  $\frac{1}{2}$  Turn R, Step L, Pivot  $\frac{1}{2}$  R**
- 1&2&      Point R to R side, step R next to L, point L to L side, step L next to R      (9:00)
- 3&4      Kick R fwd, step R next to L, touch L toe back
- 5,6      Unwind upper body  $\frac{1}{2}$  turn L to 3:00 (weight on L), unwind  $\frac{1}{2}$  turn R back to face 9:00 (weight on R)
- 7,8      Step fwd on L, pivot  $\frac{1}{2}$  turn R      (3:00)
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- S4**      **Cross Rock, Recover, Step L, Cross Rock, Recover, Step R, Weave, Heel Jack, Hold**
- 1,2&      Cross rock L over R, recover weight on R, step L next to R
- 3,4&      Cross rock R over L, recover weight on L, step R next to L
- 5&6      Cross L over R, step R to R side, step L behind R
- &7,8      Step R to R side, touch L heel to L diagonal, hold      (3:00)
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- S5**      **Modified  $\frac{1}{4}$  Turn R Jazz Box, Applejacks**      (6:00)
- &1,2      Step L next to R, cross R over L, turn  $\frac{1}{4}$  R stepping back on L
- 3,4      Stomp R to R side, stomp L to L side *(feet slightly apart)*
- &5&6      Twist L toe to L, twist R heel to L, recover, twist R toe to R, twist L heel to R, recover
- &7&8      Twist L toe to L, twist R heel to L, recover, twist R toe to R, twist L heel to R, recover *(weight on L)*
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- (Alternative steps in place of Applejacks – Heel Twists R-L-R-L)***
- &5&6      Twist R heel in, twist R heel centre, twist L heel in, twist L heel centre
- &7&8      Twist R heel in, twist R heel centre, twist L heel in, twist L heel centre *(weight on L)*

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**S6 Stomp R Dorothy, Stomp L Dorothy, Rock Fwd R, Recover,  $\frac{3}{4}$  Triple Turn R**  
1,2& Stomp R diagonally fwd R, lock L behind R, step fwd R  
3,4& Stomp L diagonally fwd L, lock R behind L, step fwd L  
5,6 Rock fwd on R, recover on L  
7&8  $\frac{1}{4}$  turn R stepping R to R side,  $\frac{1}{4}$  turn R stepping L next to R,  $\frac{1}{4}$  turn R stepping R fwd (3:00)

**S7 Rock Fwd L, Recover, Step L, Rock Fwd R, Recover, Step R, Travelling Back Toe Touches, Hip Bumps**  
1,2& Rock fwd on L, recover on R, step L next to R  
3,4 Rock fwd on R, recover on L  
&5&6 Step back on R, touch L fwd, step back on L, touch R fwd  
&7&8 Step back on R, touch L fwd, bump hip L, bump hip R (*weight on R*) (3:00)

**S8 Step L, R Vaudeville, L Vaudeville, Step L, Cross R, Unwind  $\frac{3}{4}$  L, Side R, Drag L, Step L**  
&1&2 Step L next to R, cross R over L, step L to L side, touch R heel to R diagonal  
&3&4 Step R next to L, cross L over R, step R to R side, touch L heel to L diagonal  
&5,6 Step L next to R, cross R over L, unwind  $\frac{3}{4}$  turn L (*weight on L*)  
7,8& Large step R to R side, drag L up to R, close L next to R (6:00)

**Start Over**

**XXX THANKS TO HAYLEY GOY FOR THE MUSIC XXX**

**ENDING:** During Wall 6 dance up to and including count 6 of Section 6, then replace the  $\frac{3}{4}$  turn R at counts 7&8 with  $\frac{1}{2}$  turn R to finish facing 12.00 and stomp forward L!