

Monday Morning

Count: 64

Wall: 0

Level: Beginner

Choreographer: Raymond Sarlemijn – November 2019

Music: Melanie Fiona - Monday Morning

Step diagonal forward, touch, repeat 4x

1 rf step diagonal forward
2 lf touches rf
3 lf step diagonal forward
4 rf touches lf
5 rf step diagonal forward
6 lf touches rf
7 lf step diagonal forward
8 rf touches lf

Step diagonal backwards clap, repeat 4x

1 rf step diagonal backwards
2 lf touches rf while doing this clap both hands
3 lf step diagonal backwards
4 rf touches lf while doing this clap both hands
5 rf step diagonal backwards
6 lf touches rf while doing this clap both hands
7 lf step diagonal backwards
8 rf touches lf while doing this clap both hands

Too step, too step, repeat 2 x

1 rf too right
2 rf step on spot
3 lf crosses forward rf, lf on too
4 lf step on spot
5 rf too right
6 rf step on spot
7 lf crosses forward rf, lf on too
8 lf step on spot

Hip right, hold, hip left, hold, hip right, hip left, weight change

1 rf right, stand in hip
2 hold
3 lf left, stand in hip
4 hold
6 hip right, stand in hip
6 hold
7 hip left
8 hold

Too step, too step, repeat 2 x

1 rtoo crosses forward lf
2 rtoo step on spot
3 ltoo left
4 ltoo step on spot
5 rtoo crosses forward lf
6 rtoo step on spot
7 ltoo left
8 hold

Hip right, hold, hip left hold, hip, right, hold, hip left, hold

1 lf step left, stand in hip
2 hold
3 rf right, stand in hip
4 hold
5 hip left
6 hip right
7 hip left
8 hip right
& weight change left

Grapevine right, grapevine left ¼ left, brush

1 rf right

- 2 lf crosses behind rf
- 3 rf right
- 4 lf touches rf
- 5 lf left
- 6 rf crosses behind lf
- 7 $\frac{1}{4}$ turn left, lf step forward
- 8 rf brushes forward

Rock forward, rock back, v step

- 1 rf step forward
- 2 recover weight to lf
- 3 rf step backwards
- 4 recover weight lf
- 5 rf step diagonal forward
- 6 lf step diagonal forward
- 7 rf step back
- 8 lf closes rf