Cry Your Heart Out

Count: 48 **Wall:** 2 **Level:** Intermediate

Choreographer: Charles & Sandra (UK) - May 2014

Music: Cry Your Heart Out - Olly Murs : (Album: Right Place Right Time)

Intro: 16 counts

(Section 1) ¼ hold, Step ½, Step, Hold, Ball step, step

1 2	Make ¼ turn Right stepping fwd on Right, Hold 3:00
3 4	Step fwd on left, pivot ½ turn Right 9:00
5 6	Step fwd on Left, Hold
&7 8	Close Right beside left, Step fwd Left, Step Fwd Right

(Section 2) Kick ball slide, ¼ toe turn, touch, sweep, hook, slide, ½ turn

1&2	Kick Left Fwd, touch Left beside Right, slide Right toe back
3 4	Make ¼ turn Right transferring weight onto right, touch Left toe fwd 12:00
5&6	Sweep Left from front to back, Hook left behind Right knee, Slide Left down to floor
7&8	Hold, Unwind ½ turn Left bouncing heels twice (weight on left) 6:00

(Section 3) Step 1/8, step3/8, side, hold, together, rock recover

1 2	Make 1/8 turn left stepping Right to diagonal as you roll hips, step Left together 4:30
3 4	Make 3/8 turn left stepping Right to diagonal as you roll hips, step left together 12:00
5 6	Step Right to Right side, Hold
&7 8	close Left beside right, Rock out to right side, recover on left

(Section 4) Cross, unwind, side, dip, recover, behind, ¾ turn, point hitch cross

1 2	Cross Right over Left, Unwind full turn left
3&4	Step Right to right side, Dip down bending knees, straighten up, (Weight on Left)
5&6	Cross right behind left, Unwind ¾ Right bouncing heels twice 9:00
7&8	Point Left to Left side, Hitch Left, Cross Left over Right

(Section 5) Shuffle, step ½, full triple turn, step shuffle

1&2	Step fwd Right into diagonal, Close left to Right, Step fwd Right 11:30
3 4	Step fwd left, pivot ½ Right 4:30
5&6	½ turn Right stepping back on Left, ½ to Right stepping fwd on Right, Step fwd on Left 4:30
7	Step fwd Right
8&1	Make ¼ turn left stepping fwd on Left, close Right to Left, make ¼ turn Left stepping fwd 11:30

(Section 6) Cross, ¼, Cross back, coaster step, step

2 3	Cross right over left straightening up to side wall, make ¼ turn left stepping fwd on left 6:00
4 5	Cross right over left, step back on Left
6&7	Step Right Foot Back, Step Left Together, Step Right Fwd
8	Step fwd Left

Tag: danced at the end of wall 3

1 2	step ½ pivot Left

Bridge: On wall 5 dance the first 16 counts then add the following 4 counts:-
(jazz box) and continue on from section3

1 2	Cross Right over Left, Step Back on Left
3 4	Step Right to right side, Step fwd Left

Contact - E-mail: mercuryldance@gmail.com