

My HEART Goes (La Di Da)

COUNT: 32 WALL: 4 LEVEL: EZ Beginner

CHOREOGRAPHER: Val Saari (August, 2021)

MUSIC: ... My Heart Goes (La Di Da), Becky Hill, feat. Topic

Intro 16 counts. Begin on the word "I"

TOE-STRUTS FORWARD RLRL

1-2 Touch RF toes forward, Drop heel

3-4 Touch LF toes forward, Drop heel

5-6 Touch RF toes forward, Drop heel

7-8 Touch LF toes forward, Drop heel

POINT CROSSES BACK RL, MONTEREY 1/4 TURN R, POINT L,

1-2 RF point to right side, RF step back behind L

3-4 LF point to left side, LF step back behind R

5-6 Point RF toes to right side, 1/4 turn right step RF together

7-8 Point LF to L side, Step LF beside R

MODIFIED SCISSORS (RL)

1-4 RF Large Step R, Step LF together, Touch RF toes across L, Step RF heel down

5-8 LF Large Step L, Step RF together, Touch LF toes across R, Step LF heel down

DOUBLE ROCKING CHAIR

1-2 Rock RF forward, Recover Left

3-4 Rock RF back, Recover Left

5-6 Rock RF forward, Recover Left

7-8 Rock RF back, Recover Left

No tags, no restarts